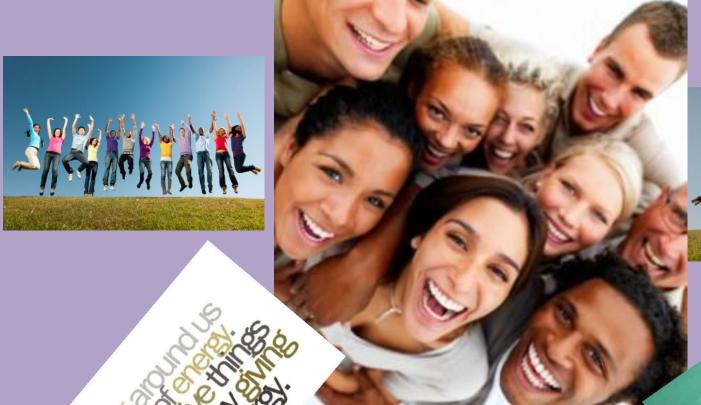
# Positive Peer Group





A POSTINK

# Hope Works Counseling

## Mark Panasiewicz LLMSW

- -Veteran United States Air Force.
- -Former Corrections Officer 8 years with

#### **MDOC**

- -Graduate of Michigan Technological University-BS Psychology
- -Graduate of Michigan State University Masters in Social Work
- -Certified Facilitator for Duluth Model and Turning Points Domestic Violence Programs.
- -3 Years KBIC Healing to Wellness Court
- -3 Years Group Facilitator of PPG

### Program

- -9 years Domestic Violence Facilitation.
- -9 years Anger Management Facilitation.



# Hope Works Counseling

-Rebecca Panasiewicz -LMSW is a Master level clinical social worker. Experienced in working with family preservation, parent education, domestic violence and trauma focused counseling.

"It is one *of* the most beautiful compensations *of* this life that no man can sincerely help another without helping himself."



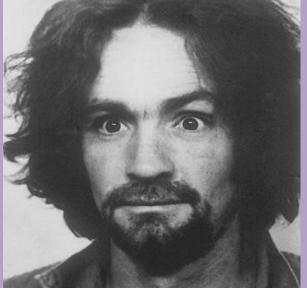
# We Know Peer Pressure works.



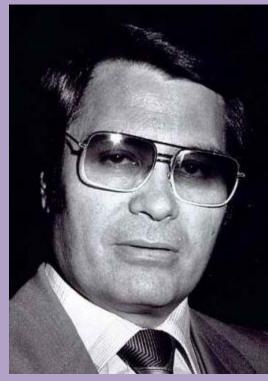




Would you feel comfortable having your children hang out with the people in these picture?



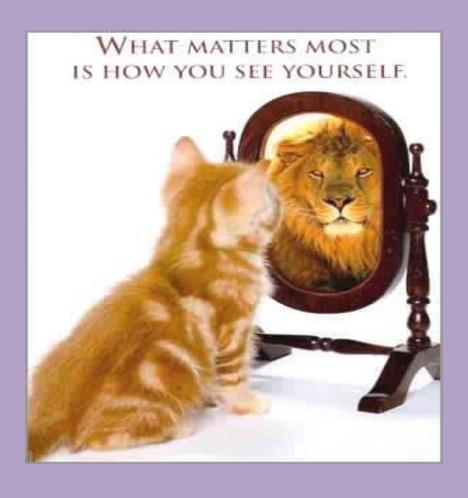




What kind of Peer Pressure are your clients engaging in now. Are you teaching them to follow rules or are we teaching them values and beliefs. Just as peer group influence can foster problems, the peer process can also be used to solve problems.







Positive social support is an essential component of encouraging resiliency and healthy human functioning across a lifespan.

## Hope Works Positive Peer Groups

- -Is a treatment tool for different degrees of disruptive behavior in a non-stigmatizing and non-labeling manner that helps build self-worth and reduce negative values and attitudes.
- -Goal of PPG is always to be helping. The question is always reflected back: how are you helping?
- -Because of this "atmosphere of helping," participants of diverse cultural and ethnic backgrounds all benefit from PPG. Almost all cultures in the world have some aspect of helping as part of there culture.

-Islamic "Among the most beloved of people to Allah is the one who is most helpful."



-Native American proverb "When you were born, you cried and the world rejoiced. Live your life in a manner so that when you die the world cries and you rejoice."



-Christian "This is my commandment, that you love one another as I have loved you."

Once PPC was introduced, there was marked change in the success of our participants. We finally began to see across the board success and actual recovery for our Drug Court participants. -Heather Chapman KBIC Tribal Prosecutor.



#### **Enforce Rules**



Try and force compliance.

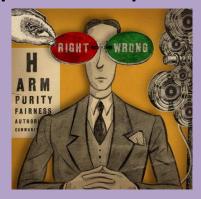




**Enforce Sanctions.** 



#### **Superficial Compliance**



Learn how to follow the rules or manipulate the system.



No change in value or beliefs.



Remain basically loyal to values of the peer group or family system norm.

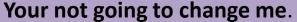


Communities that have Drug Courts already know this does not work.

#### **Types of Offenders**

I NEED HELP. I know you can Help me. I will do

anything I can to change.





Con artists telling the system what somebody is supposed to say to avoid harsher sanctions.



#### PPG works on all of these individuals.







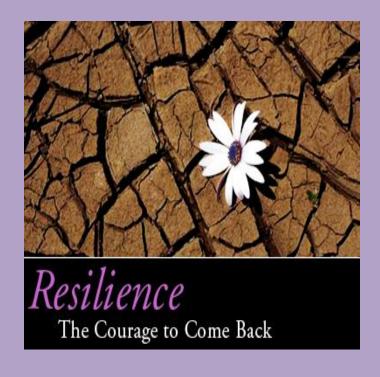


Group holds accountable.

## Works very well on resistant clients

Are resistant clients bad....PPG looks at resistance as a form of resilience.

#### YOU WON'T CHANGE ME





I DON'T HAVE TO DO IT

The client are asked if they are willing to help others. As the person gives and becomes of value to others, he/she increases their own feelings of worthiness and builds a positive self-concept.



With a positive self concept beliefs change and then values change

Person does not have to be punished anymore, cured or taught how to behave.





Rather the client comes to help others and thereby receiving help with their own problems.





Clients start monitoring themselves outside of group in the community.



AND the community itself

Clients give back to the community.



Start investing in the community and have community pride and values.

# First Annual Recovery/Memorial Walk

This Substance Abuse Recovery/Memorial Walk is a non-profit event and is open to everyone in the general public.

Date: August 9, 2014 Time: 12:00pm

 The walk will take place at the Sand Point Campground, near the Lighthouse. The event will start promptly at noon on August 9, 2014, and end when the last person crosses the finish line.

Lunch will follow the walk and beverages will be provided. There will also be two speakers during lunch to enhance the awareness of substance abuse in our community and its effects.

For more information, please call Tribal Court at (906) 353-8124 ext. 4572.

Holley Makela: (906) 201-2028



- · Red Headbands
- Awareness
   Bracelets
- T-shirts (supply is limited to first-come first-serve)

#### Proudly Sponsored by:

\*KBIC Tribal Council

\*KBIC Drug Task Force

\*KBIC Healing To Wellness Court

\*KBIC Outpatient Program/ New Day Treatment Center

\*KBIC Tribal Court

"JCS Inc.

Baraga County Memorial Hospital

\*The Pines Convenience Center

\*Ojibwa BP

\* KBIC Tribal Police



In Memory of those we've lost suffering against substance abuse and to those who are still suffering from substance abuse.















I cannot imagine our drug court being as successful as it is without the PPC program. As soon as the PPC group started in our drug court the drug court team saw immense change in our clients- Bradley Dakota, KBIC Chief Judge



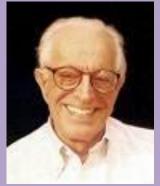
The goal is to teach clients to think for themselves.

# R.E.B.T.

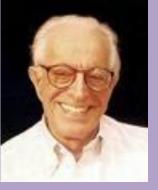


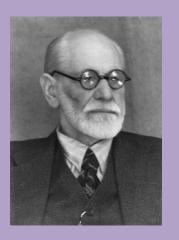
And to change the thought process that got them here

## **Rational Choice Theory**



**Control Theory** 





**Conflict Theory** 

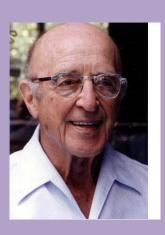
**Trait Theory** 

**General Strain Theory** 



**Social Learning Theory** 

**Labeling Theory** 



Hope Works Counseling Positive Peer Group Program.

Hope Works has already taken the time and expense to develop a program and talk to:

### **Consultants:**

Dr. Peter Stacy PhD Social Worker- Extensive Research into Early Attachment Disorder. As Warden he started a Therapeutic Prison Community in Wisconsin.

Glenn Stutzsky MSW- Extensive Research on Bullying, Hazing, and Peer Pressure.

Patricia Sotirin PhD- Professor of Communication and Cultural Studies.

# Hope Works Positive Peer Group Program

Thanks so much hope you enjoyed the work shop
Trainings Start in January 2015

