



Agenda

All times listed are in Pacific Time

Week 1: Monday, September 13, 2021

10:00am -12:00pm PDT **Recovery in Rural Communities and Letting go of Stigma**

- Kristina Pacheco, *Tribal Wellness Specialist, Tribal Law and Policy Institute*
- David Natseway, *Addiction and Substance Abuse Counselor / Consultant, Tribal Law and Policy Institute*
- RurAL CAP

Description: A person’s recovery is their own individual journey. Join us as we discuss how to support those beginning and or continuing that journey in a rural or tribal community. We will also have a discussion on letting go of the stigma of use of substance. This Talking Circle format will allow participants to share stories and successes or barriers and problem solving ideas with one another.

Week 2: Monday, September 20, 2021

12:00pm – 2:00pm PT **Addictions Professionals Day**

- Kristina Pacheco, *Tribal Wellness Specialist, Tribal Law and Policy Institute*
- David Natseway, *Addiction and Substance Abuse Counselor / Consultant, Tribal Law and Policy Institute*
- RurAL CAP

Description: Join us as we celebrate those in the addictions field. Clinicians, Counselors, Peer Recovery Specialists. We hope our stories will inspire a new generation of Addictions Professionals.

Week 2: Thursday, September 23, 2021

12:00pm – 2:00pm PT **Transgender Cultural Fluency**

- Shari Weinstein (She/Her), *Legal Consultant, Transgender Resource Center of New Mexico*
- Adrien Lawyer (He/Him), *Co-Founder & Executive Director, Transgender Resource Center of New Mexico*

Description: The Transgender Cultural Fluency Training lays the foundation for participants to gain a better understanding of what it means to be transgender, clarify common misconceptions about transgender people, become familiar with the challenges transgender communities face, and learn ways to be a strong and engaged advocate for transgender people.

Week 3: Monday, September 27, 2021

12:00pm – 2:00pm PT **Youth Recovery**

- Anna Clough, Director, Juvenile Healing to Wellness Courts, Tribal Youth Resource Center, Tribal Law and Policy Institute
- Kristina Pacheco, *Tribal Healing to Wellness Court Specialist, Tribal Law and Policy Institute*
- Lori Vallejos, *Counselor III, Pueblo of Laguna Behavioral Health Services*
- Santana Bartholomew, *Pueblo of Pojoaque Youth Pathways to Wellness Coordinator*
- RurAL CAP

Description: Adolescence is difficult enough. When teen age use of substance becomes out of control, how do we as a family, community, agencies support a youth in recovery.

Week 3: Thursday, September 30, 2021

12:00pm – 2:00pm PT **Taking Control over your Mental Health and Recovery after the Pandemic and Staying Prepared for the Next Wave**

- Kristina Pacheco, Tribal Healing to Wellness Court Specialist, Tribal Law and Policy Institute
- Lori Vallejos, Counselor III, Pueblo of Laguna Behavioral Health Services

Description: Addiction and Mental Health Services were greatly impacted by the pandemic. As communities began to open and sometimes close or remain closed because of continued concerns. This session will focus on how we help clients, community members prepare for the next wave.