



# “Domestic Violence in Healing to Wellness Court

*by Mark Panasiewicz*

# The Stats

American Indians and Alaska Natives are 2.5 times as likely to experience violent crimes – compared to all other races



61 percent of American Indian and Alaska Native women (or 3 out of 5) have been assaulted in their lifetimes



17 percent of American Indian and Alaska Native women reported being stalked during their lifetimes, compared to eight percent of White women, seven percent of African American women, and five percent of Asian women





In an average of 71 percent of rape and sexual assault victimizations against Native women, the perpetrator is reported to be known by the victim



# Non-Native Men



Among Native women victims of rape or sexual assault, an average of 67 percent describe the offender as non-Native.

In 2010, 55 percent of Native unmarried partnered women were in interracial relationship

Among Native women victims of assault, an average of 63 percent describe the offender as non-Native.

US Attorneys declined to prosecute nearly 52 percent of violent crimes that occur in Indian country; and 67 percent of cases declined were sexual abuse related



# Women ABUSE TOO





# Level of Threat



# Myth She Provoked the Violence



# Re-Active VIOLENCE is not the same as abuse



Men's use of violence against women is learned and reinforced through many social, cultural and institutional experiences. Women's use of violence does not have the same kind of societal support. Many women who do use violence against their male partners are being battered. Their violence is used primarily to respond to and resist the violence used against them. On the societal level, women's violence against men has a trivial effect on men compared to the devastating effect of men's violence against women.

# Medications



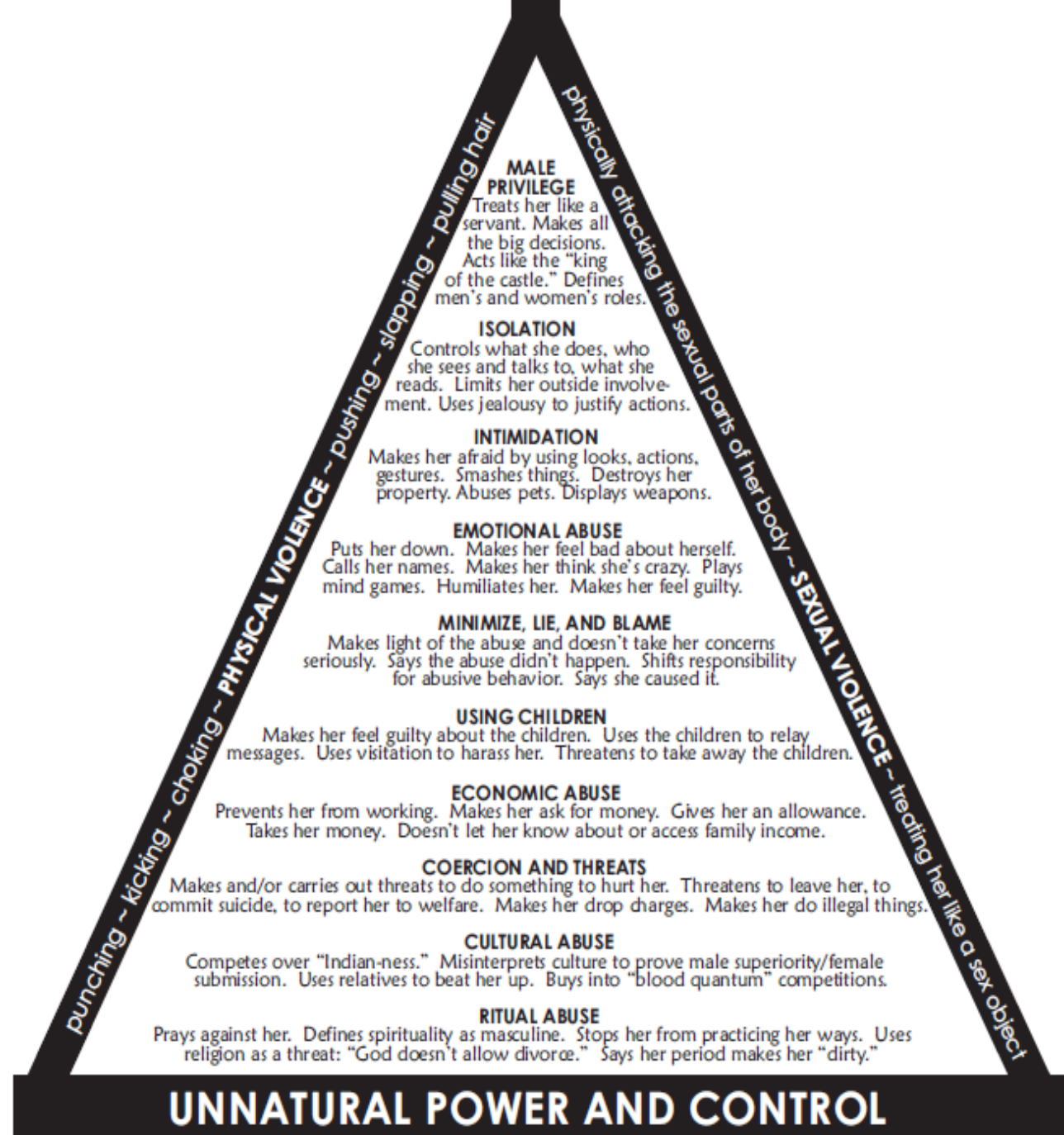


# Medications

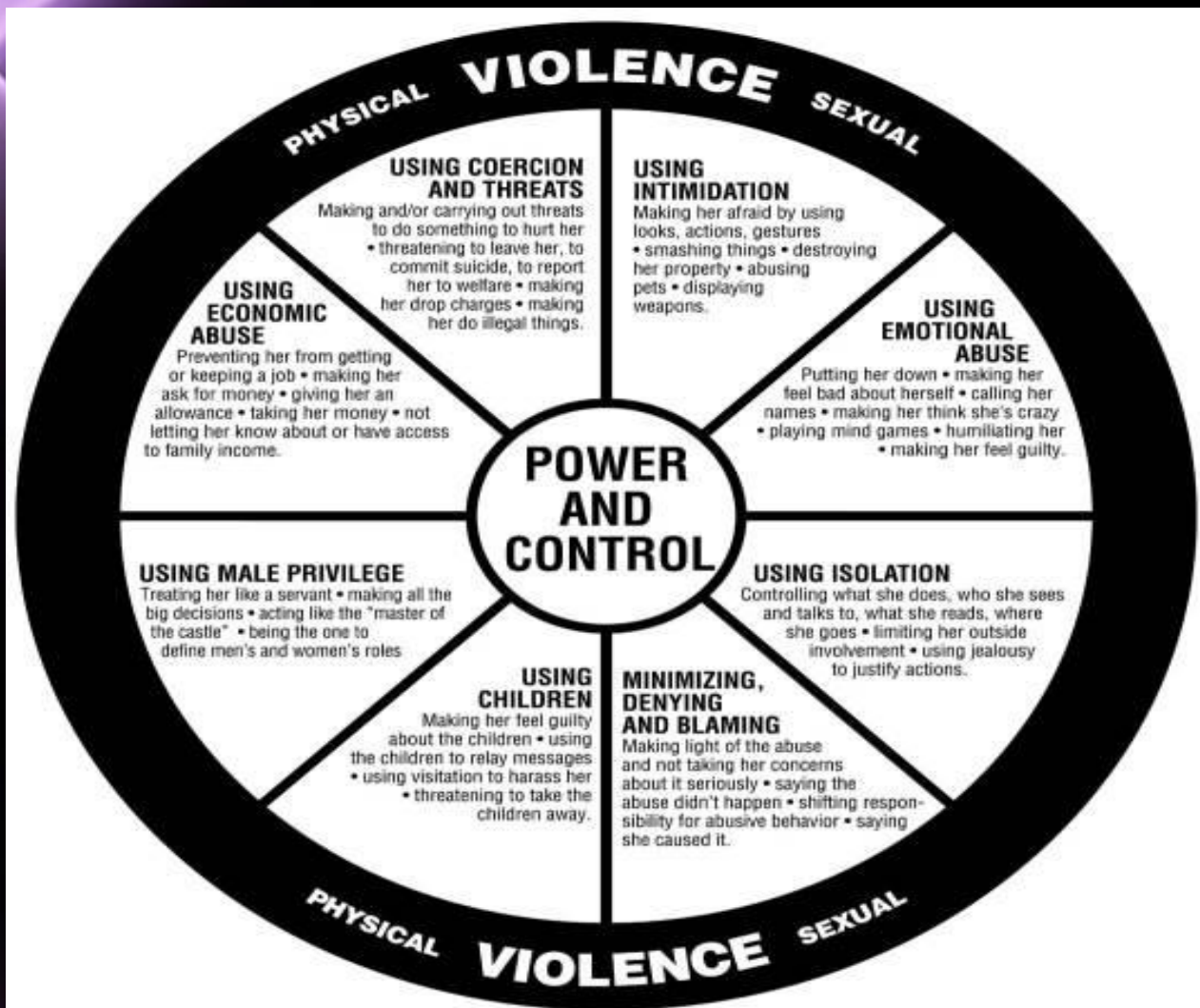


# Emotional vs Physical







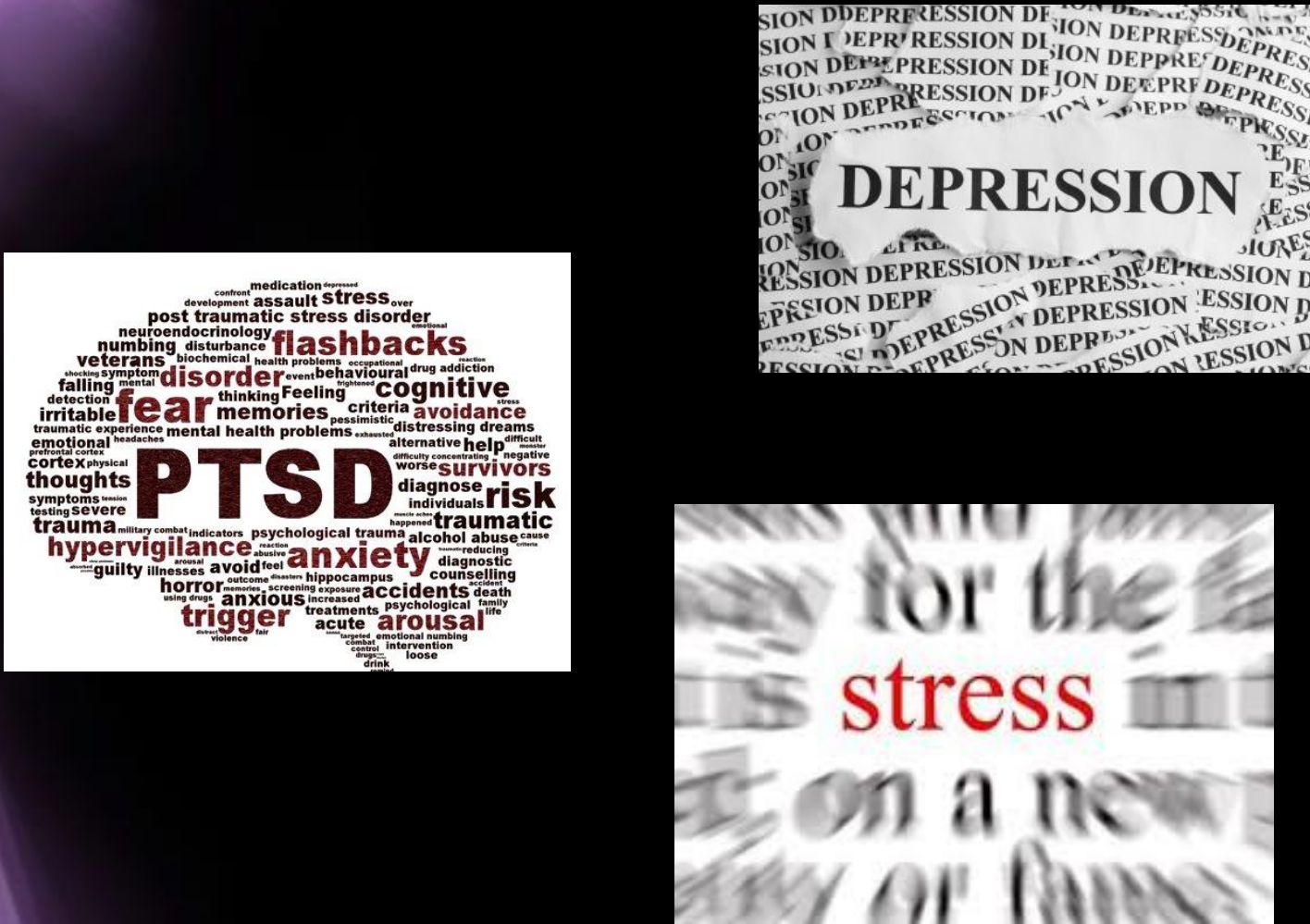


**DOMESTIC ABUSE INTERVENTION PROJECT**

202 East Superior Street  
Duluth, Minnesota 55802  
218-722-2781  
[www.duluth-model.org](http://www.duluth-model.org)

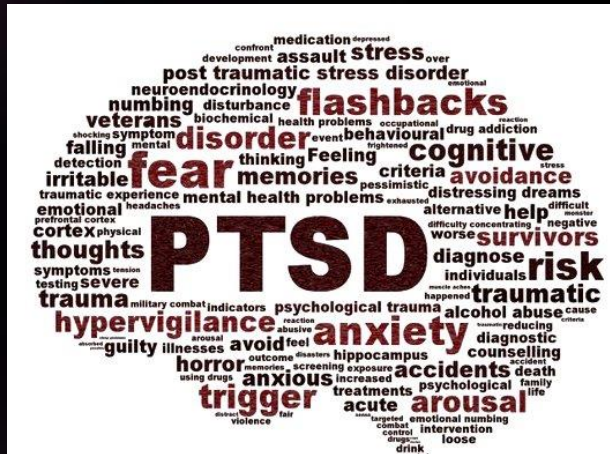


# Effects of Domestic Violence



The collage consists of three images illustrating the psychological effects of domestic violence. The top image shows a person's face partially obscured by a large, bold, black word "DEPRESSION" repeated in a pattern. The middle image is a word cloud centered around "PTSD" (Post-Traumatic Stress Disorder), with other words like "fear", "anxiety", "trauma", and "flashbacks" prominently displayed. The bottom image shows a close-up of a person's face with the word "stress" in red text overlaid.

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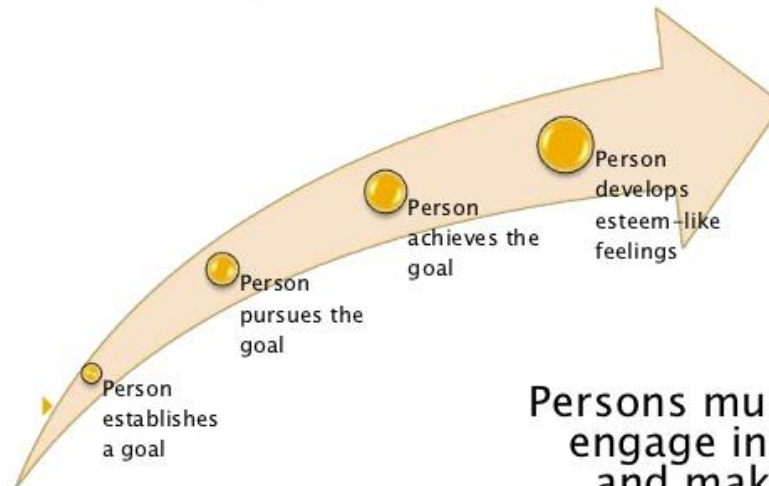
# Self Esteem



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## HOW TO IMPROVE SELF ESTEEM

- ▶ Attain legitimate accomplishments:



Persons must also  
engage in behaviours  
and make choices that  
are worthy of esteem.

# Myth: Just call the police

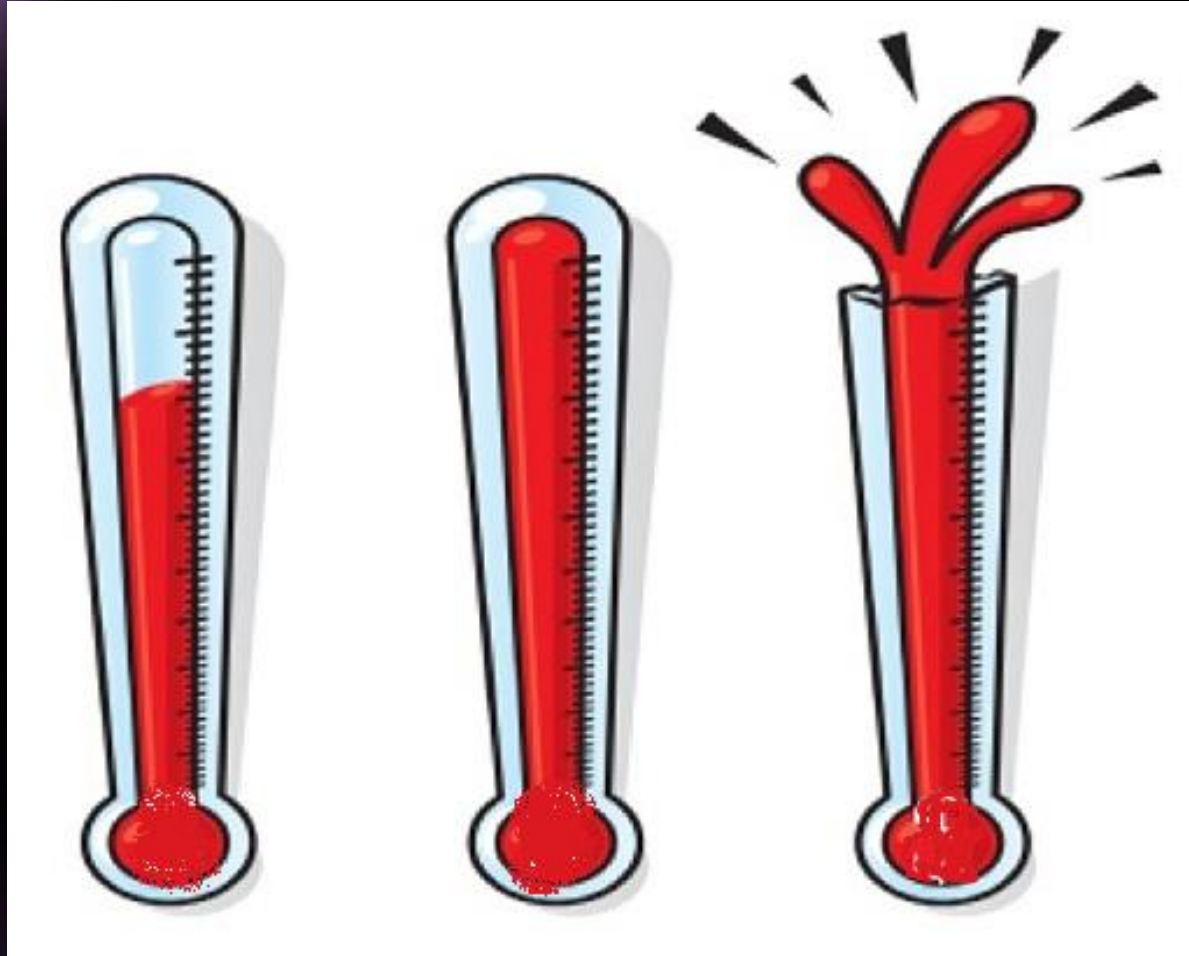




**Drugs and Alcohol are  
part of the problem but  
not the root**



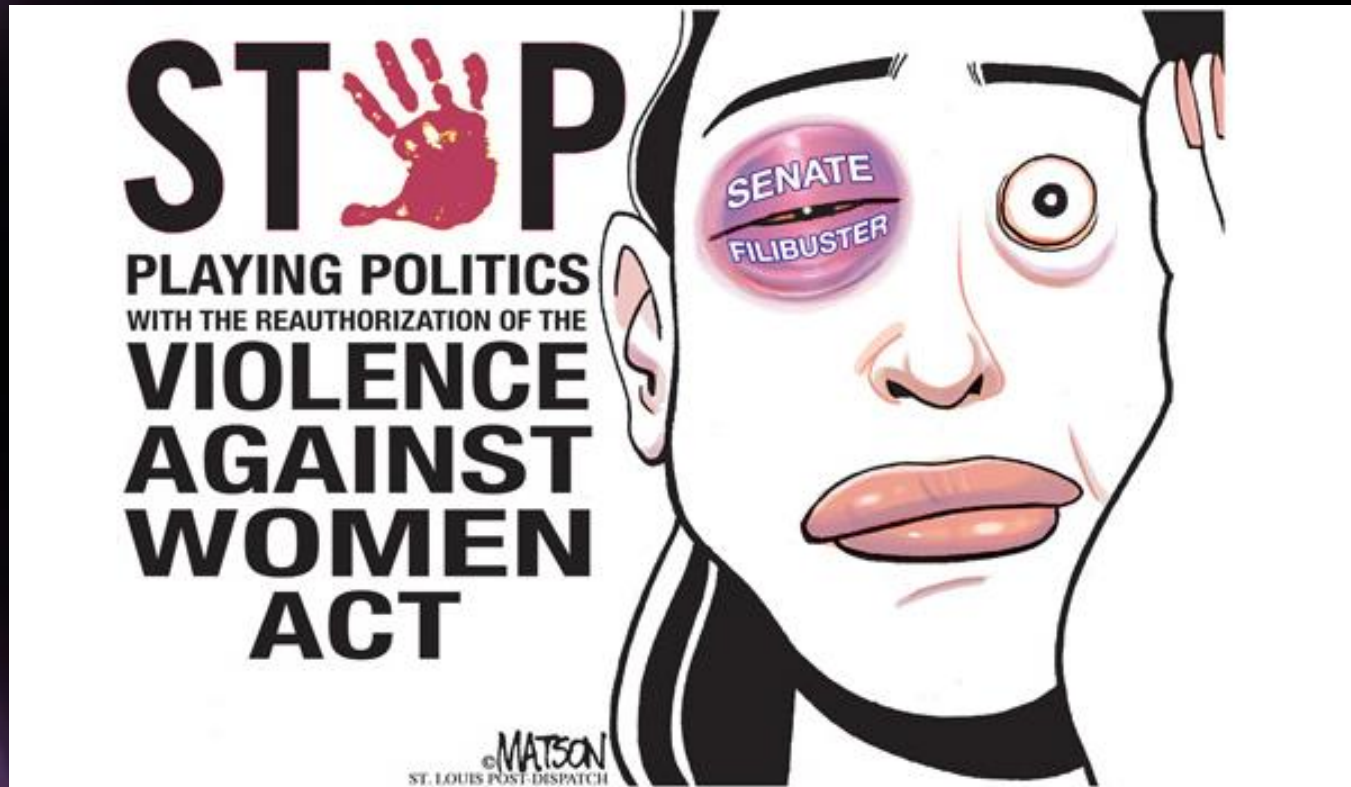
# When does Violence Occur



# Not Part of Culture or History



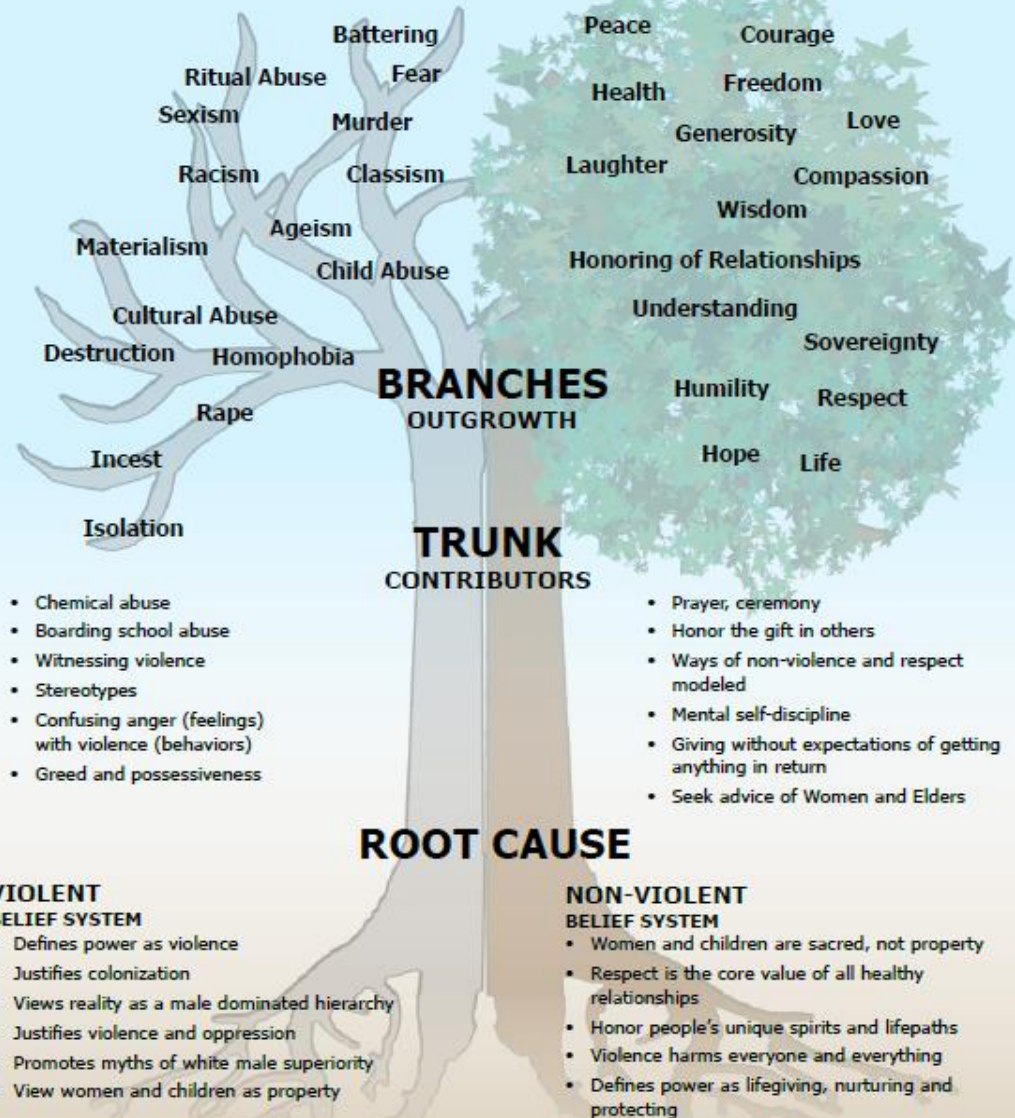
# 2005 Violence Against Women Act. Reauthorized in 2013





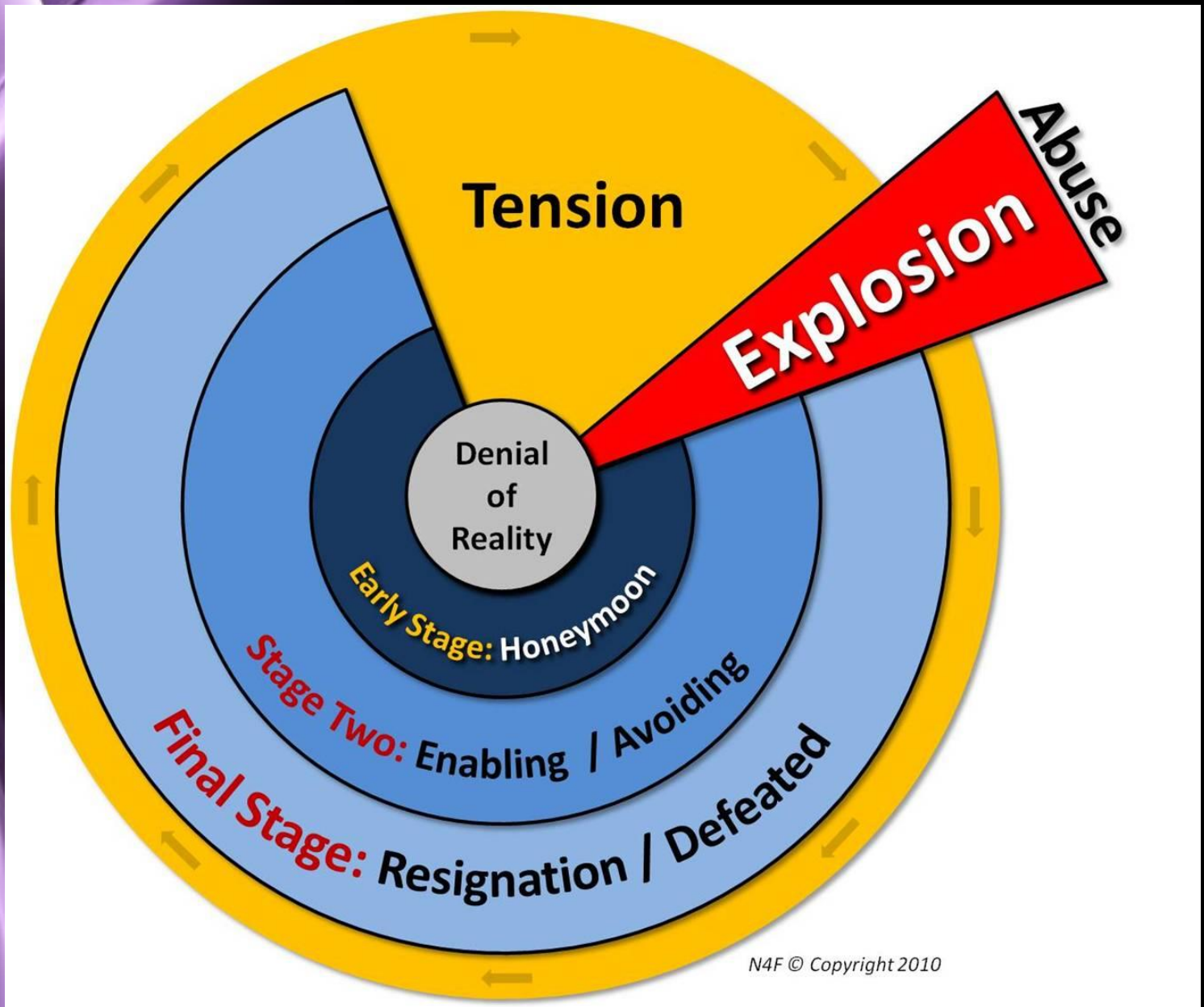
## UNNATURAL LIFEWAY VIOLENCE

## NATURAL LIFEWAY NON-VIOLENCE

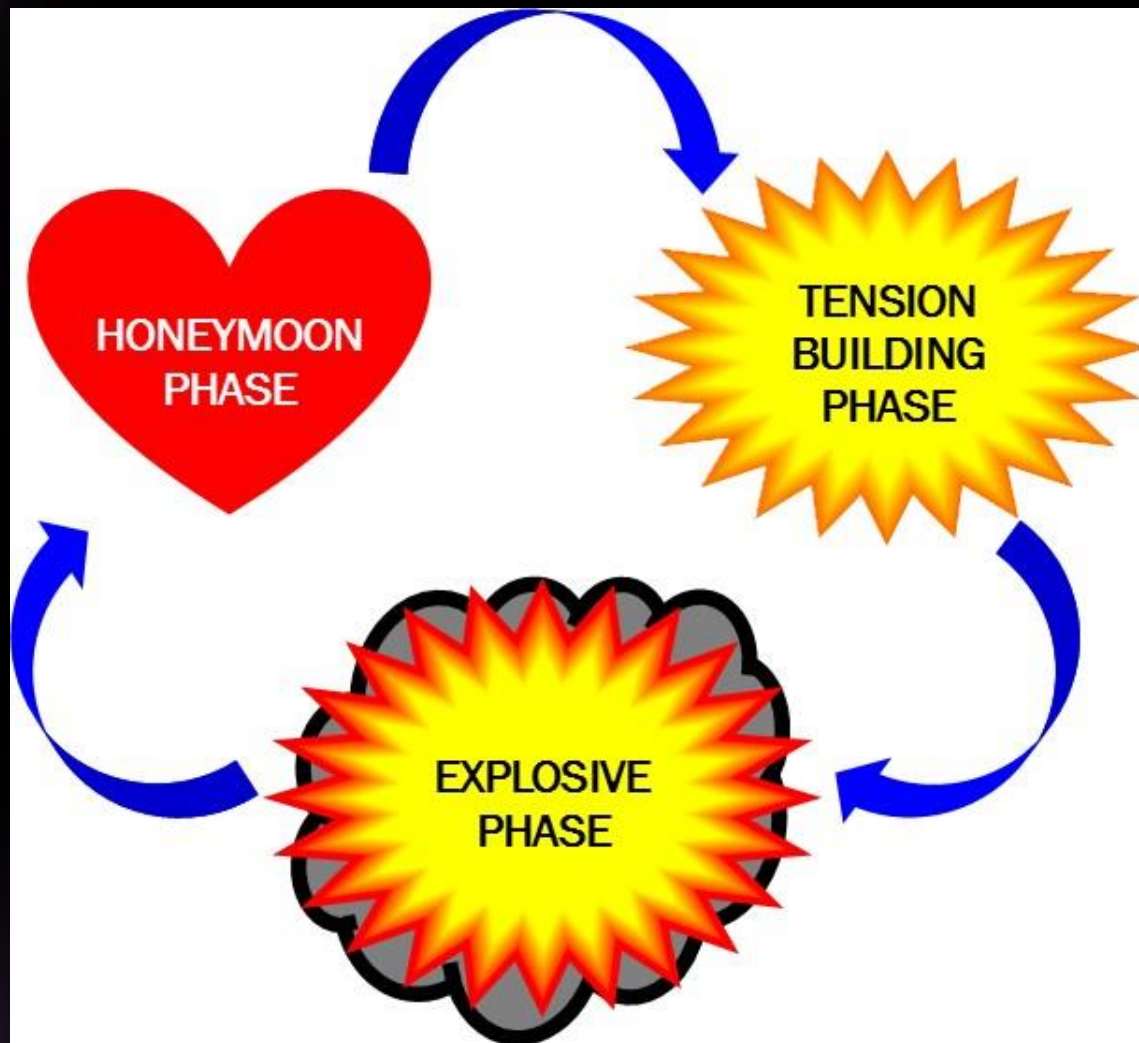


ENDING VIOLENCE AGAINST WOMEN  
**FROM THE ROOTS UP**

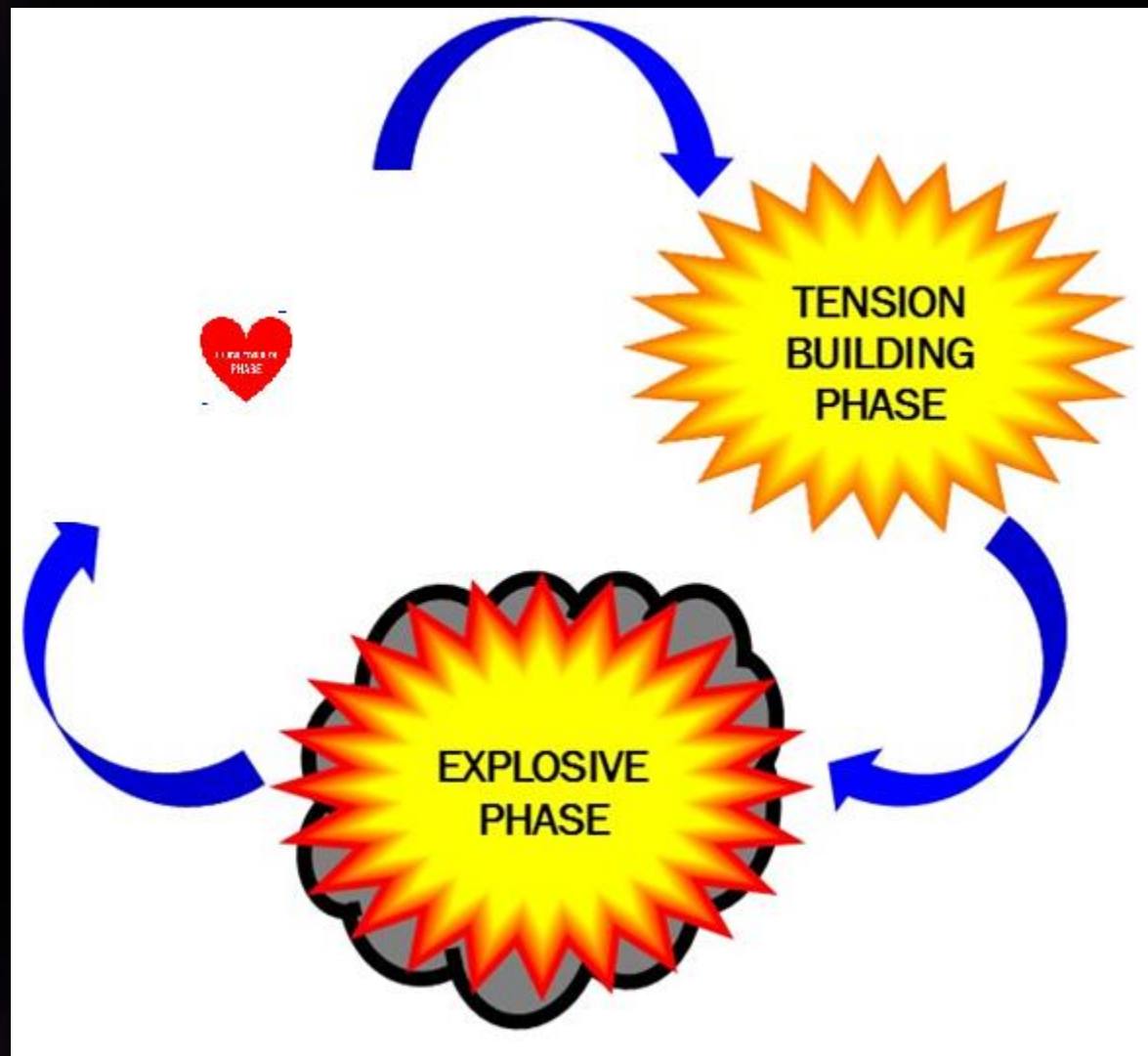
Adapted by SOCEDSV. Original Source: Sacred Circle



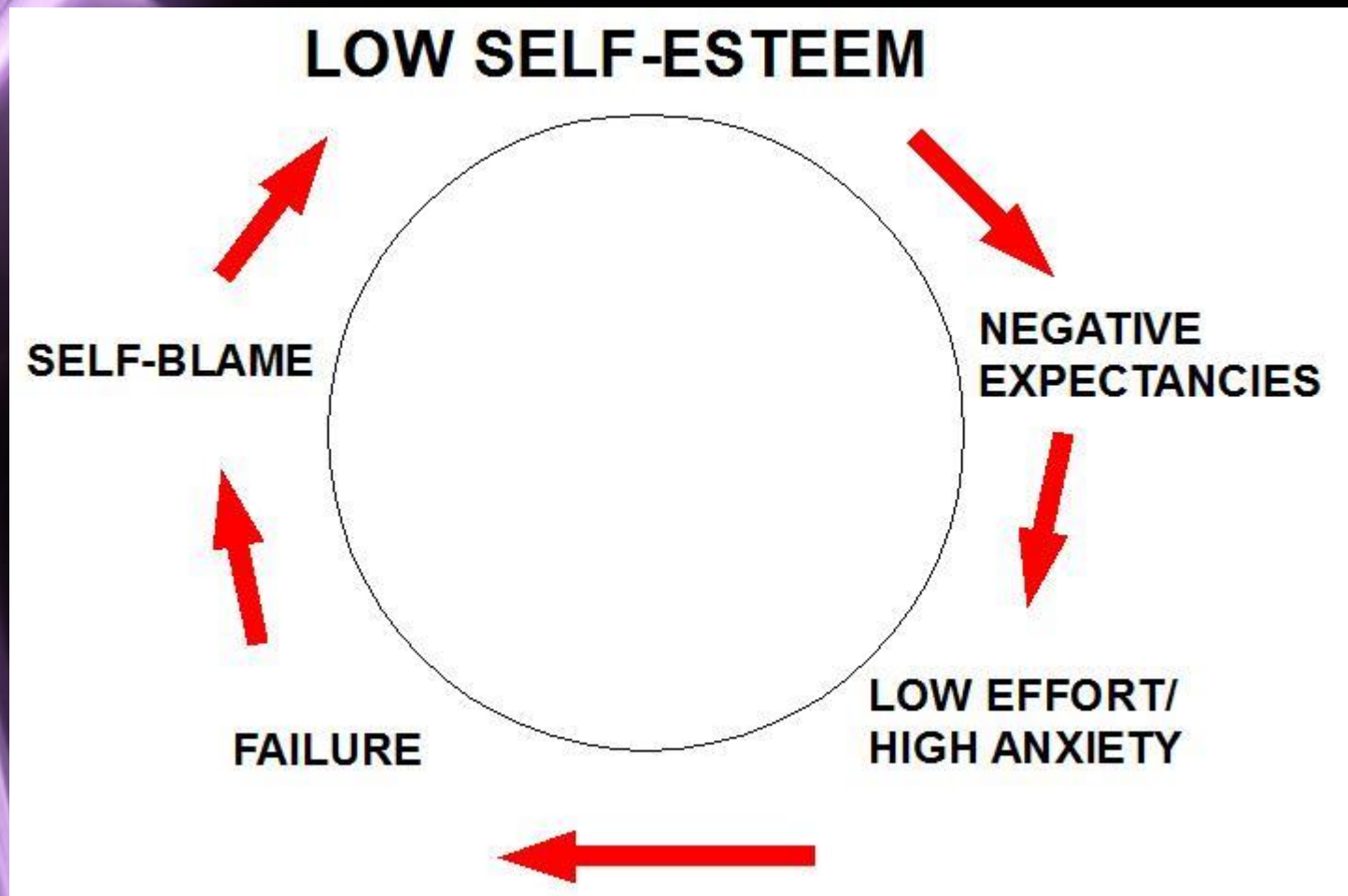
# First Things First the Dynamics











# Love Addiction

**LOVE IS A DRUG.**



**USE IT**

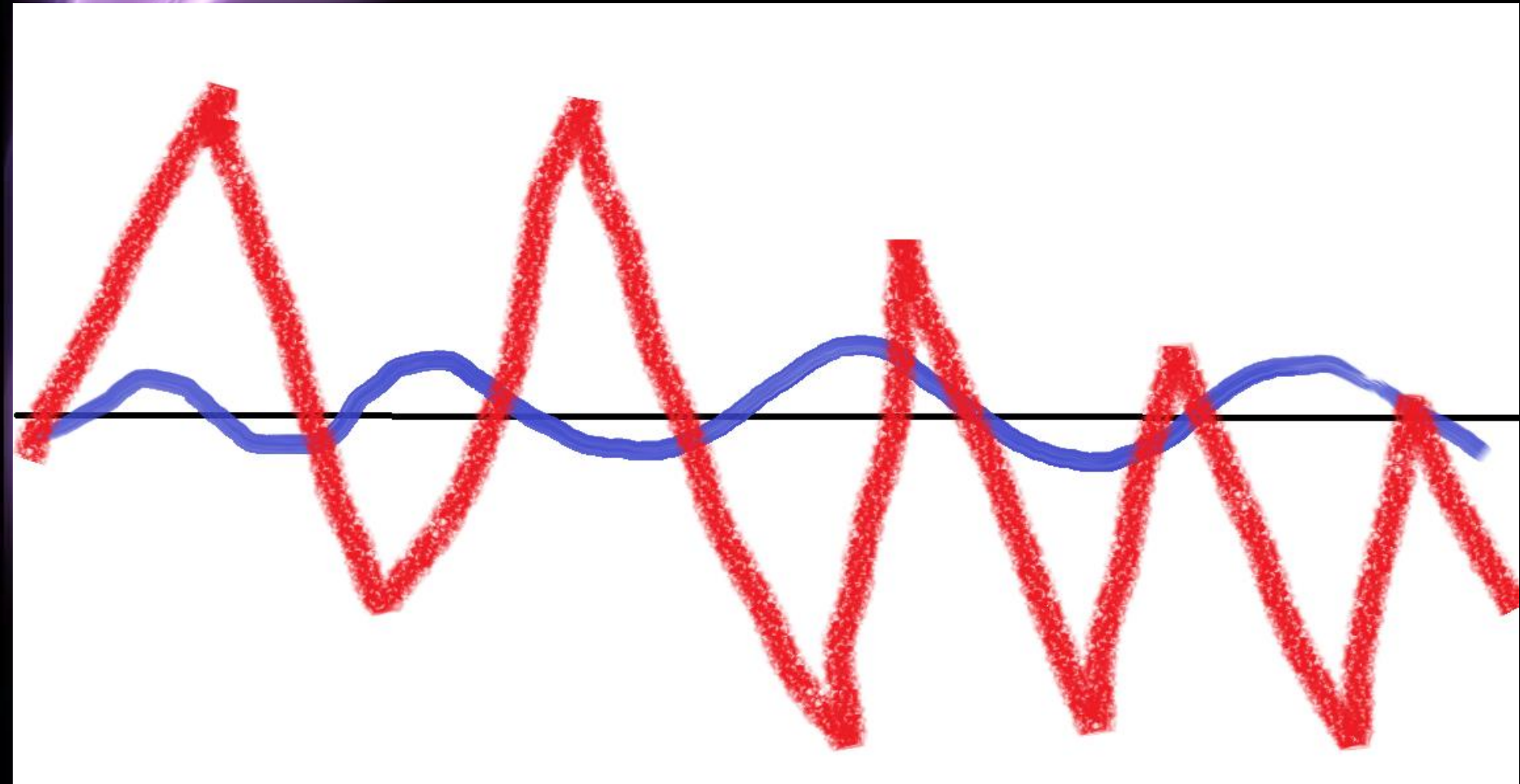
**RESPONSIBLY.**

## Dopamine

# Similarity to Heroin



Dopamine







# Learned Helplessness





# Plus other Factors

Self Esteem



Humiliation

Fear



Financials



# Cognitive Dissonance

**This is why people get upset  
when you challenge what they  
hold most closely.**

## **cognitive dissonance**

Mental conflict that occurs when beliefs or assumptions are contradicted by new information. The concept was introduced by the psychologist Leon Festinger (1919–89) in the late 1950s. He and later researchers showed that, when confronted with challenging new information, most people seek to preserve their current understanding of the world by rejecting, explaining away, or avoiding the new information or by convincing themselves that no conflict really exists. Cognitive dissonance is nonetheless considered an explanation for attitude change.



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or

contact:

**Lauren Van Schilfgaarde,  
[lauren@tlpi.org](mailto:lauren@tlpi.org)**

The background of the slide features abstract, flowing lines in shades of purple and white, creating a sense of movement and depth against a solid black background. These lines are most prominent on the left side of the slide.

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