



Healing to Wellness Courts -Key Components & Standards

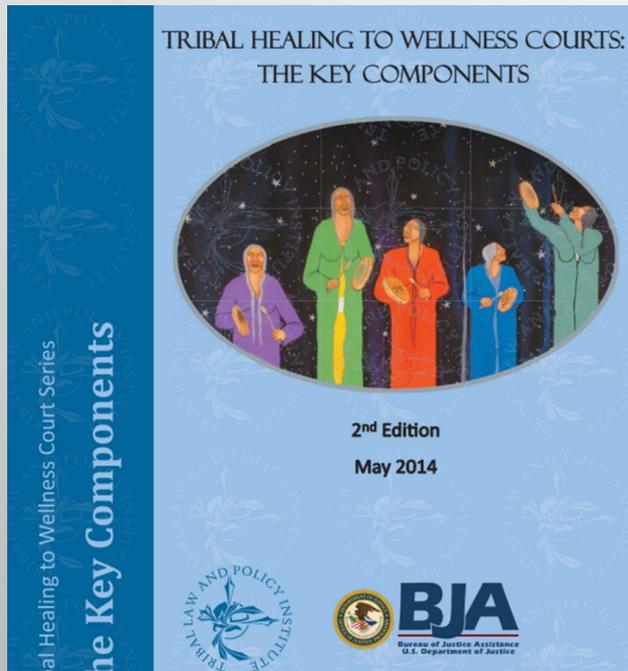
National American Indian Court Judges Association



Lauren van Schilfgaarde
Tribal Law and Policy Institute
May 25, 2017

Tribal Key Components

www.WellnessCourts.org



Tribal Key Components recognize

- Community involvement
- Family relationships and involvement
- Culture and Tradition
- Exercise of Tribal Sovereignty

NADCP Adult Drug Court Standards

nadcp.org/standards

**ADULT DRUG COURT
BEST PRACTICE STANDARDS**

VOLUME I



NATIONAL ASSOCIATION OF DRUG COURT PROFESSIONALS
ALEXANDRIA, VIRGINIA

**ADULT DRUG COURT
BEST PRACTICE STANDARDS**

VOLUME II

NATIONAL ASSOCIATION OF DRUG COURT PROFESSIONALS
ALEXANDRIA, VIRGINIA

Why?

- Research-based (though not tribal-specific; not every practice)
- Operationalizes the key components
- Fidelity to model
- Limit and reduce legal errors
 - Due Process
- Do no harm
- Funding sources



1. Team, Community, & Nation Building

3. Eligibility

2. Entry

4. Healing and Treatment

5. Support & Supervision

6. Discipline & Encouragement

7. Respectful Communication

8. Keeping & Telling Stories

9. Enduring Knowledge & Experience

10. Sustained Team, Community, & Nation Building

Key Component #1: Individual and Community Healing Focus

Brings together treatment, healing resources, and the tribal justice process by using a team approach to achieve the healing of the participant and to promote Native nation building and the well-being of the community.

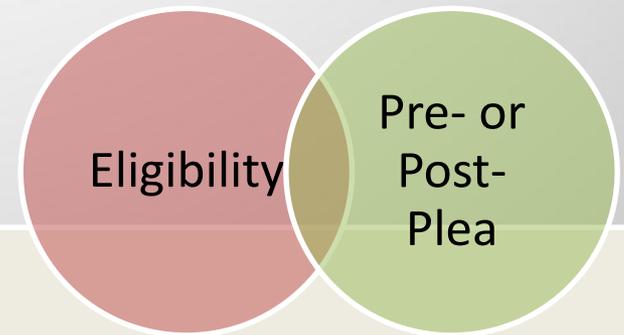
Standard #8: Multidisciplinary Team

– Team Composition:

- Judge
- Coordinator
- Prosecutor
- Defense Counsel
- Treatment
- Community supervision (probation)
- Law enforcement

Key #2: Referral Points and Legal Process

Participants enter Wellness Court through various referral points and legal processes that promote tribal sovereignty and the participant's due (fair) process rights.



Standard 1: Target Population

- **Objective Eligibility and Exclusion Criteria**

Criteria is defined objectively, specified in writing, and communicated to potential referral points.

Standard #2: Historically Disadvantaged Groups

- **Equivalent Access:**

Eligibility criteria are nondiscriminatory in intent and impact.

- **Equivalent Dispositions:**

Members of historically disadvantaged groups receive the same legal dispositions for graduation and termination.

Standard #4: Incentives and Sanctions

- **Advance Notice:**

The policies and procedure articulate the possible legal and collateral consequences.

- **Opportunity to Be Heard:**

Participants are given an opportunity to explain their perspectives, including with the assistance of a defense counselor, and receive clear justifications for court actions.

Standard #4: Incentives and Sanctions

- **Termination:**

If there is not adequate treatment, the participant does not receive an augmented sentence for failing Wellness Court.

- **Consequences of Graduation and Termination:**

Graduates avoid a criminal record, incarceration, or receive a substantially reduced sentence or disposition.

Standard 9: Census and Caseloads

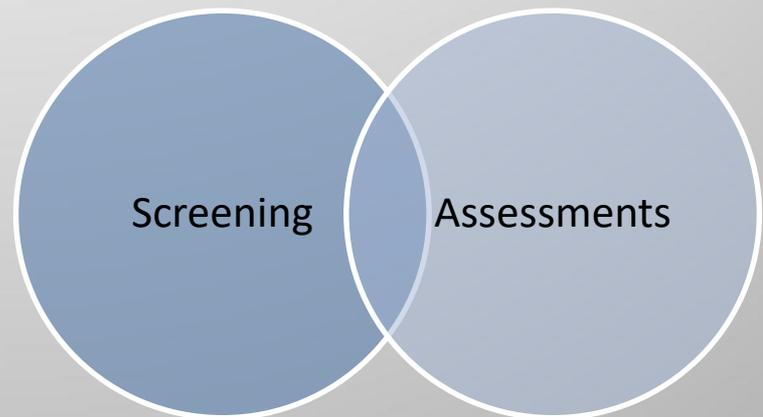
- **Drug Court Census**

No arbitrary restrictions on the number of participants. Census is based on local need, obtainable resources, and the ability to apply best practices.

- Drug Courts serve fewer than 10% of adults in the criminal justice system in need of their services.

Key #3: Screening and Eligibility

Eligible court-involved substance-abusing candidates are identified early through legal and clinical screening for eligibility and are promptly placed into the Wellness Court.



Standard 1: Target Population

- **High-Risk and High-Need Participants**

Targets candidates who are addicted to illicit drugs or alcohol *and* are at a substantial risk for reoffending or failing to complete a less intensive disposition.

If larger scope, use alternative tracks, in which services are modified and participants do not mix.

- **Validated Eligibility Assessments**

Eligibility is assessed with validated risk-assessment and clinical-assessment tools.

- Appendix A: Validated Risk and Need Assessment Tools

Standard 1: Target Population

- **Criminal History Disqualifications**

Current or prior offenses may disqualify candidates. But, barring legal prohibitions, histories of drug dealing and violence are not automatically excluded.

- **Clinical Disqualifications**

If adequate treatment is available, candidates are not disqualified because of co-occurring mental, medical conditions, or MAT.

Standard #6: Complementary Treatment and Social Services

- **Mental Health Treatment**

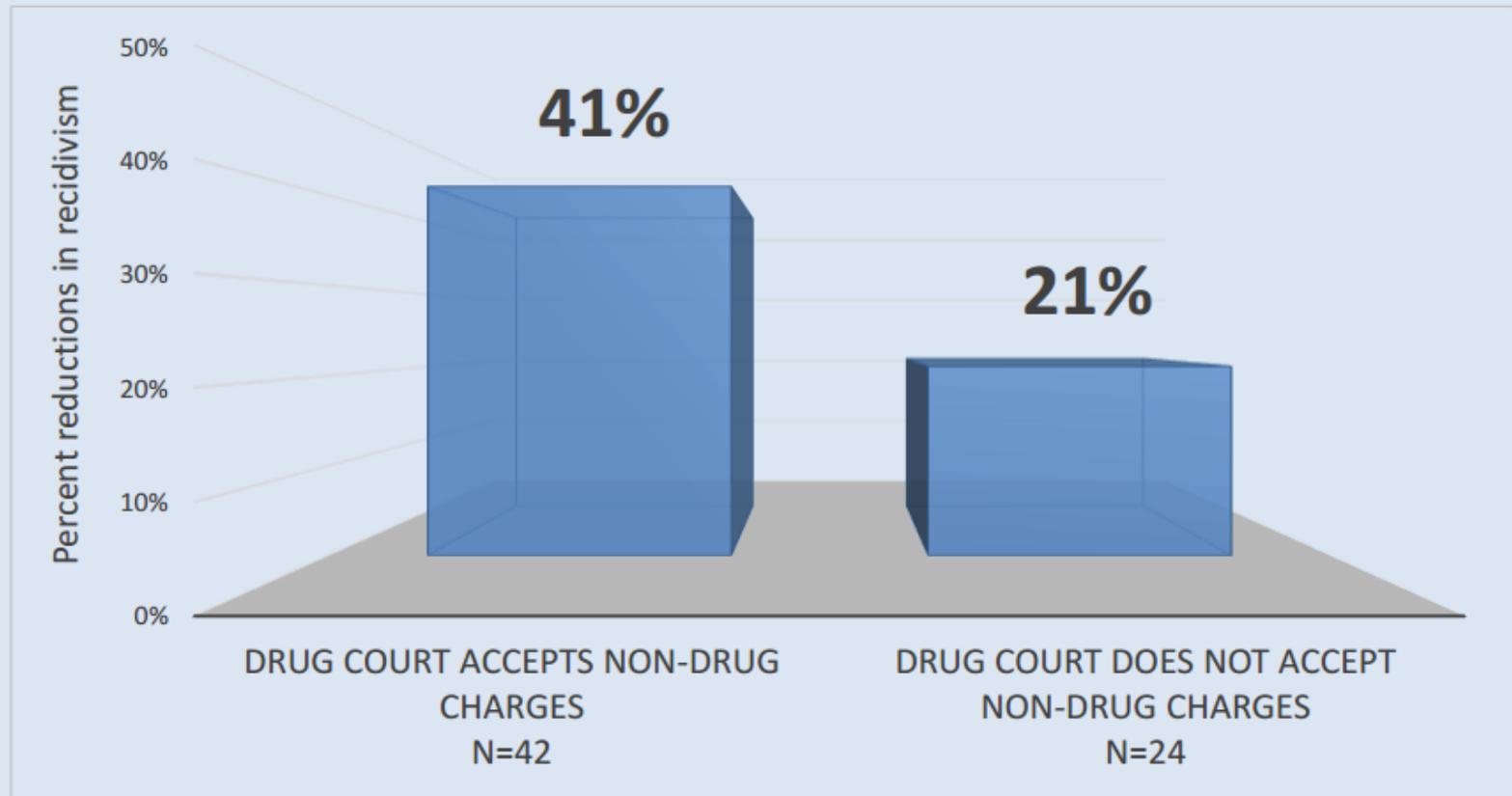
Participants are assessed for major mental health disorders, including

- Major depression
- Bipolar disorder (manic depression)
- Posttraumatic stress disorder (PTSD)
- Other major anxiety disorders

Mental illness and addiction are treated concurrently, not consecutively.



Drug Courts That Accepted Participants With Non-Drug Charges Had Nearly Twice the Reductions in Recidivism and 30% higher cost savings

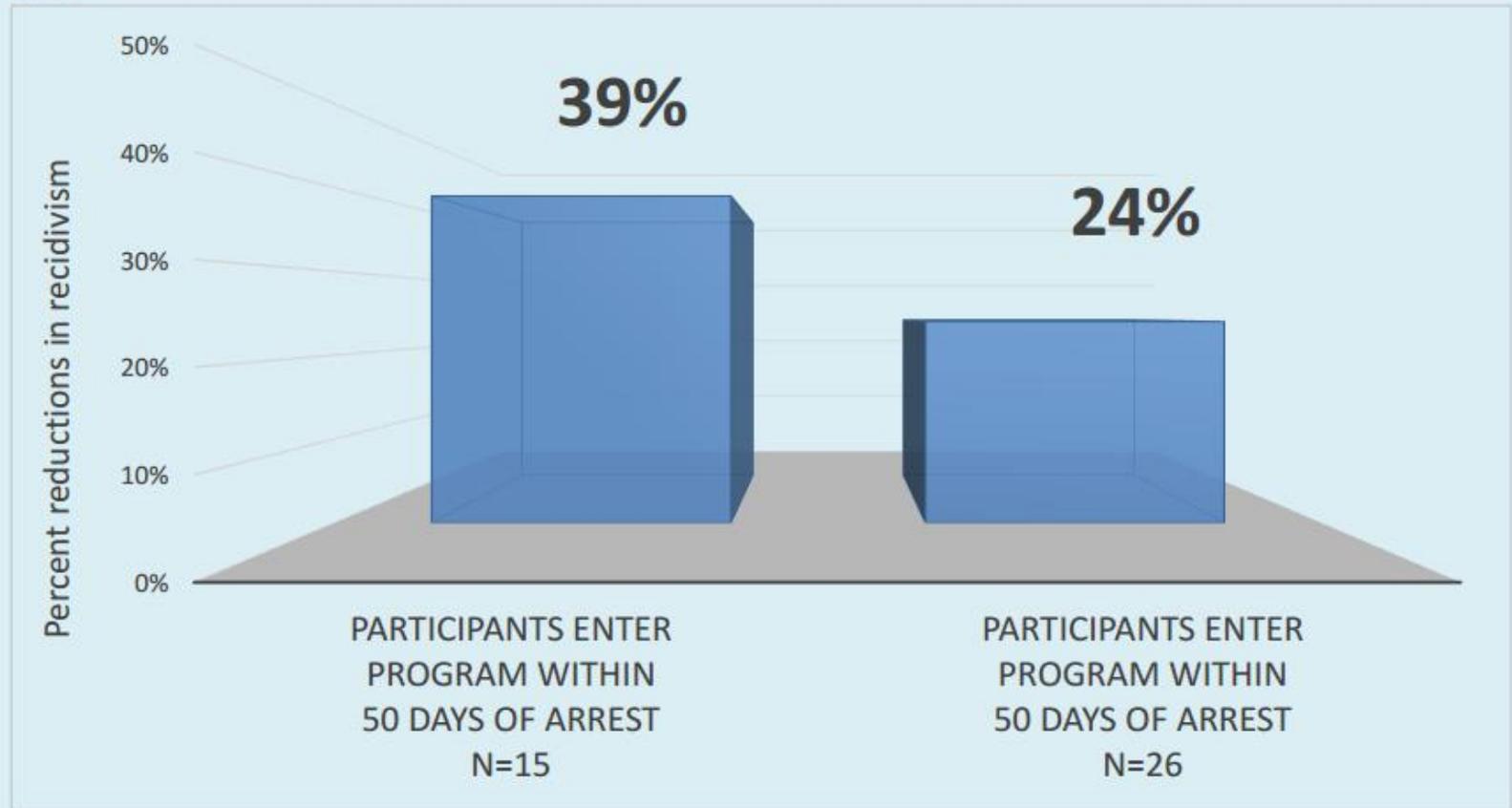


Note 1: Difference is significant at $p < .05$

Note 2: Non-drug charges include property, prostitution, violence, etc.



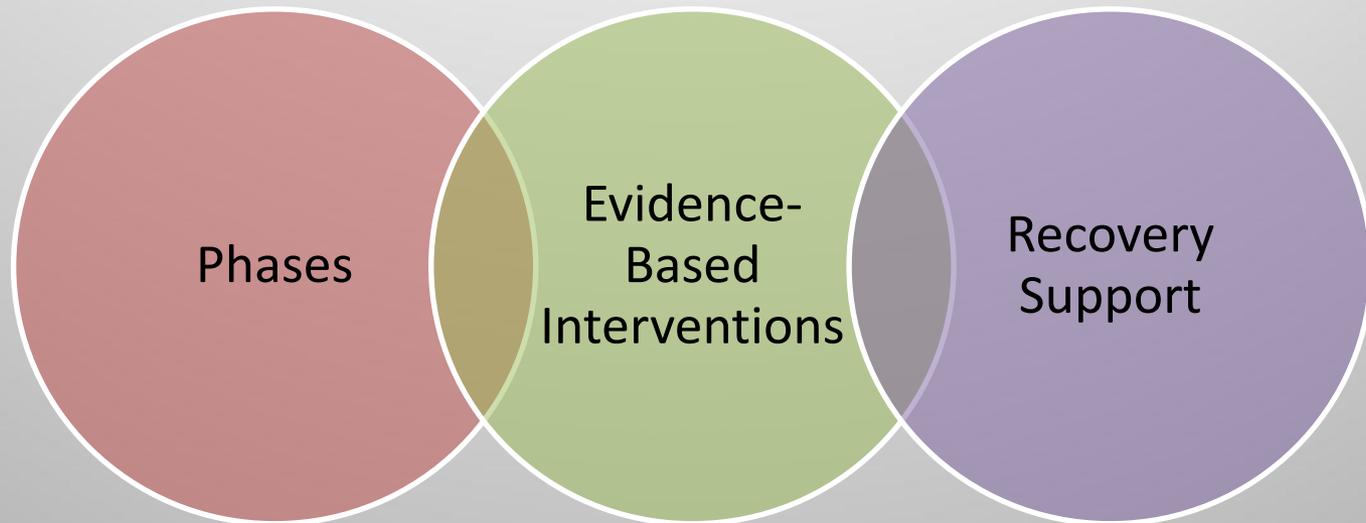
Drug Courts in Which Participants Entered the Program within 50 Days of Arrest Had 63% Greater Reductions in Recidivism



Note: Difference is significant at $p < .05$

Key #4: Treatment and Rehabilitation

- Wellness Court provides access to holistic, structured, and phased alcohol and drug abuse treatment and rehabilitation services that incorporate culture and tradition.



Standard #5: Substance Abuse Treatment

Participants receive treatment based on standardized assessment of their treatment needs.

Treatment is not provided to reward behaviors.

Treatment providers are trained to deliver a continuum of evidence-based interventions.

—Continuum of Care

Includes detoxification, residential, sober living, day treatment, intensive inpatient, and outpatient services.

Adjustments are based on treatment need and not phase structure.

Standard #5: Substance Abuse Treatment

- **Treatment Dosage and Duration**

In Phase 1: ~6-10 hours of counseling/week
~200 hours of counseling over 9-12 months; but allow flexibility

- **Treatment Modalities**

Meet with treatment provider at least 1x/week. Frequency may be reduced. Participants are screened for group counseling, which have no more than 12 participants.

- **Medications**

MAT is based on medical necessity.

Evidence-Based Treatments

— Evidence-Based Treatments (S#5)

Use behavioral or cognitive-behavioral treatments that are documented in manuals and proven to be effective. Providers are trained and supervised regularly.

- [National Registry of Evidence-Based Programs and Practices](#)

- Moral Reconciliation Therapy
- Thinking for a Change Program
- Reasoning & Rehabilitation Program

Standard #2: Historically Disadvantaged Groups (HDGs)

Standard #6: Complementary Treatment

- **Equivalent Treatment and Trauma-Informed Services**

HDGs receive the same levels and quality of care. Court uses relevant evidence-based treatments.

- **Trauma-Informed Services**

Participants are assessed for a trauma-history and receive a trauma-informed evidence-based intervention. Females receive trauma-related services in gender-specific groups.

“The conditions and history of genocidal policies aimed at destroying Native family ties, as well as experiences of ongoing discrimination, bring added dimensions for consideration...”

Standard #5: Substance Abuse Treatment

Standard 9: Census and Caseloads

- **Peer Support Groups**

Participants regularly attend self-help groups that follow a structured model.

- **Continuing Care**

Participants complete a final phase focusing on relapse prevention and continuing care. Contact is maintained with the participant for at least 90 days after discharge.

- **S9: Clinician Caseloads**

50 active participants for clinicians providing clinical case management

- 40 – individual therapy or counseling

- 30 – both clinical case management and individual therapy

Standard #4: Incentives and Sanctions

- **Therapeutic Adjustments**

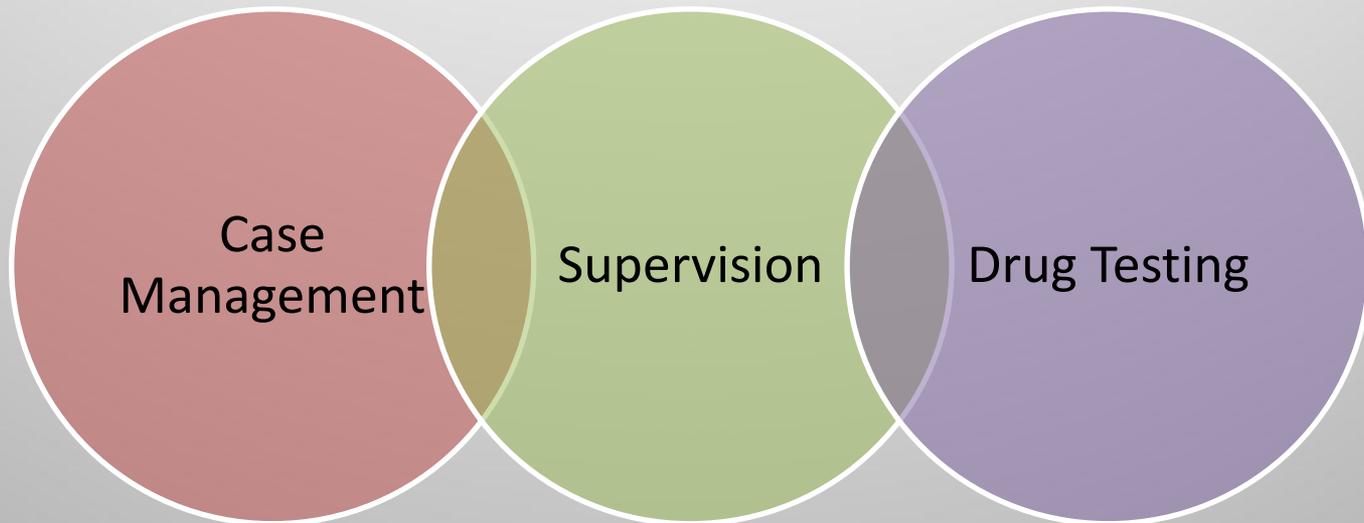
Participants are not sanctioned if they are otherwise compliant but are not responding to treatment. Positive drug tests should not be severely sanctioned in the early phases.

- **Standard #5: Jail**

Participants are not incarcerated to achieve clinical or social services.

Key #5: Intensive Supervision

- Participants are monitored through intensive supervision that includes frequent and random drug testing, while participants and their families benefit from effective team-based case management.



Standard 9: Census and Caseloads

Standard #7: Drug and Alcohol Testing

- **S9: Supervision Caseload**

At 30 participants, monitor program operations; caseloads should not exceed 50 participants.

- **S7: Frequent Testing**

Urine testing at least 2x/week until last phase.

Long-term tests (e.g. ankle monitors) are used for at least 90 consecutive days. Short-duration tests are administered when substance use is likely to occur.

- **S7: Random Testing**

Drug testing takes place on nights and weekends.

Urine specimens are delivered within eight hours.

Standard #7: Drug and Alcohol Testing

- **Breadth of Testing and Rapid Results**

Along with all suspected substances, random specimens are periodically tested. Results within 48 hours.

- **Witnessed Collection** verifying a **Valid Specimen**

- **Accurate and Reliable Testing Procedures**

Chain of custody is established. Barring staff expertise, results below industry levels are not considered positive.

- **Participant Contract** (suggested language)

Standard #6: Complementary Treatment and Social Services

— Scope

Provide or refer to services that address *responsivity* needs, *criminogenic* needs, and *maintenance* needs.

Such as:

- Housing assistance
- Mental health
- Trauma-informed services
- Criminal-thinking interventions
- Family or interpersonal counseling
- Vocational or educational services
- Medical or dental

Average Complementary Needs of Participants

TABLE 1		COMPLEMENTARY NEEDS IDENTIFIED IN NATIONAL AND STATEWIDE STUDIES OF DRUG COURTS
Complementary Need	Percentage of Participants	
Any mental health problem/disorder	63%	
Major depression	16%–39%	
Posttraumatic stress disorder (PTSD)	10%	
Anxiety disorder other than PTSD	9%	
Bipolar disorder	8%	
Chronic medical condition	26%	
Unemployed	54%–72%	
Less than a high school diploma or GED	32%–38%	
Homeless	11%–47%	
Abuse or trauma history	27%–29%	

Standard #6: Complementary Treatment and Social Services

– **Sequence and Timing**

Phase 1: Focus on responsiveness needs (e.g. housing)

Phases 2-3: Criminogenic (e.g. delinquent peers)

Phase 4: Maintenance (e.g. vocation)

– **Clinical Case Management**

Meet with case manager at least 1x/week in Phase 1.

- Appendix C: Complementary Needs Assessments
- Appendix D: Clinical Case Management

– **Criminal Thinking Interventions**

- Moral Reconciliation Therapy; Thinking for a Change; Reasoning & Rehabilitation

Standard #6: Complementary Treatment and Social Services

— **Family and Interpersonal Counseling**

Engage with prosocial family/friends.

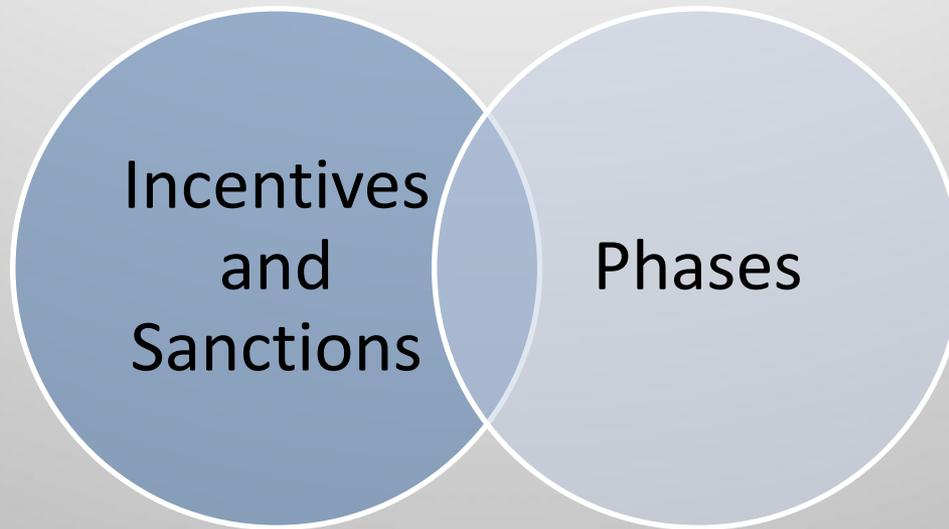
- Strengthening Families; Celebrating Families!; Positive Indian Parenting; Fatherhood/Motherhood is Sacred

— **Vocational and Educational Needs**

Participants are required to have a stable job, be enrolled in a vocational or educational program, or be engaged in a comparable prosocial activity as a condition for graduation.

Key #6: Sanctions and Incentives

- Progressive incentives and sanctions are used to encourage participant compliance with Wellness Court requirements.



Standard #4: Incentives and Sanctions

- **Equivalent Consequences**

Incentives and sanctions are equivalent to similarly situated participants.

- **Progressive Sanctions**

Sanctions of varying magnitudes are administered based on proximal and distal goals.

- **Incentivize Productivity**

Productive behaviors are as emphasized as reducing negative behaviors. 4:1?

Standard #4: Incentives and Sanctions

– **Phase Promotion**

Phase advancement is based on objective, realistic, and defined objectives.

In later phases, sanctions can increase, incentives decrease, and supervision can reduce.

Treatment is only reduced for clinical reasons.

Drug testing is only reduced after treatment and supervision has been reduced.

– **Jail**

Jail is used sparingly, and no longer than 3-5 days, only after a hearing with access to counsel.

Key #7: Judicial Interaction

- The Wellness Court Judge should have ongoing involvement with the team and with each participant.



Judicial
Supervision

Standard #3: Roles and Responsibilities of the Judge

- **Consistent Docket**

Participants appear before the same judge, who serves for no less than 2 consecutive years.

- **Staffing**

Judge regularly attends staffings.

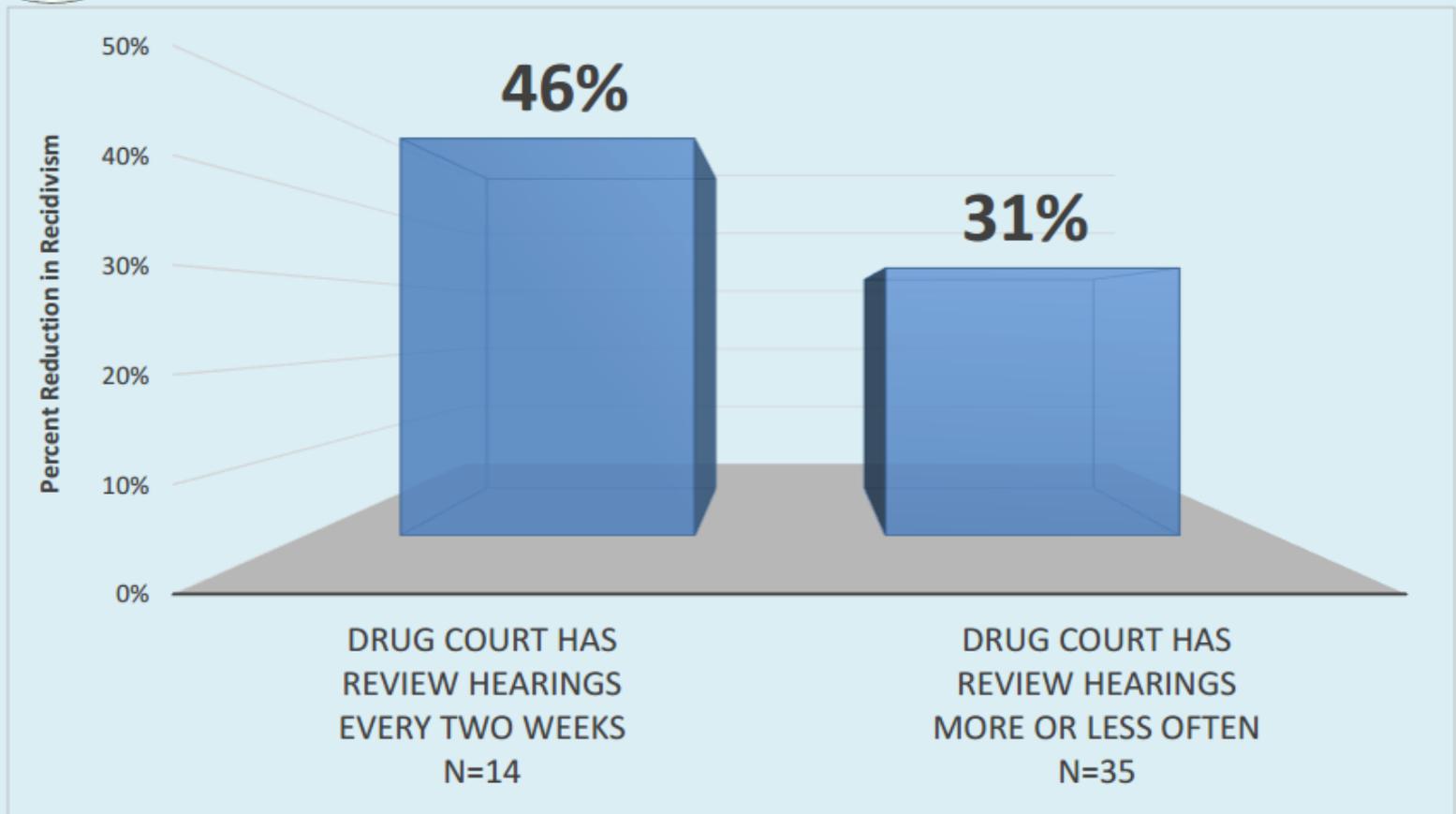
- **Hearings**

Hearings are at least every 2 weeks. Frequency may be reduced in later phases, but no less than every 4 weeks.

Judge reviews individual participant progress for at least 3-7 minutes.



Drug Courts That Held Status Hearings Every 2 Weeks During Phase I Had 50% Greater Reductions in Recidivism



Note: Difference is significant at $p < .1$

Standard #3: Roles and Responsibilities of the Judge

- **Judicial Demeanor**

Judge is supportive, stresses the importance of their commitment, and expresses optimism about their abilities. The judge allows for an opportunity to be heard.

- **Judicial Decision Making**

The judge is the final arbiter concerning legal status and liberty.

Key #8: Monitoring and Evaluation

- Process measurement, performance measurement, and evaluation are tools used to monitor and evaluate the achievement of program goals, identify needed improvements, determine participant progress, and provide information to outside agencies.

Standard #10: Monitoring and Evaluation

- **Outcome Evaluations**

Measure the effectiveness of the Court in the context of its adherence to best practices. Conduct an *independent evaluation* at least every 5 years.

- **In-Program Outcomes**

Participant outcomes are monitored, like attendance, drug tests, new arrests, etc.

- **Criminal Recidivism**

New arrests/convictions are monitored for at least 3 years.

Standard #10: Monitoring and Evaluation

- **Electronic Database**

Services and in-program performance are electronically tracked within 48 hours of events by every team member.

- **Intent-to-Treat Analyses**

Track the outcomes for every *eligible* participant, including those who graduated, withdrew, and were terminated.

- **Comparison Groups**

Wellness Court outcomes are compared to an equivalent comparison (legal and clinical) group.

Key #9: Continuing Interdisciplinary and Community Education

- Continuing interdisciplinary and community education promote effective planning, implementation, and operation.
 - **Team Training**

Team members should attend training at least on an annual basis, for an update on

 - Substance abuse and mental health treatment
 - Complementary treatment and social services
 - Behavior modification
 - Community supervision
 - Drug and alcohol testing
 - Team decision making
 - Constitutional and legal issues

Team Training

- **S2: HDG Team Training**

Each team member attends up-to-date training on implicit cultural biases, and correcting disparate impact.

- **S3: Judicial Professional Training**

The Judge attends training on legal and constitutional issues, judicial ethics, evidence-based treatment, behavior modification, and supervision.

- **S6: Trauma-Informed**

Be aware of hesitation to trust; noisy, unpredictable court/therapy environments

Key #10: Team Interaction

- The Wellness Court should continue to develop and maintain ongoing commitments, communication, coordination, and cooperation among team members, service providers, and the community.

Standard #8: Multidisciplinary Team

- **Staffings and Hearings**
Team members regularly attend staffings and hearings to review and contribute on participant progress.
- **Sharing Information**
Team members share information to appraise participants' progress. Partner agencies execute MOUs. Participants provide consent forms.
- **Team Communication and Decision Making**
Team members contribute based on their expertise.

Thanks to

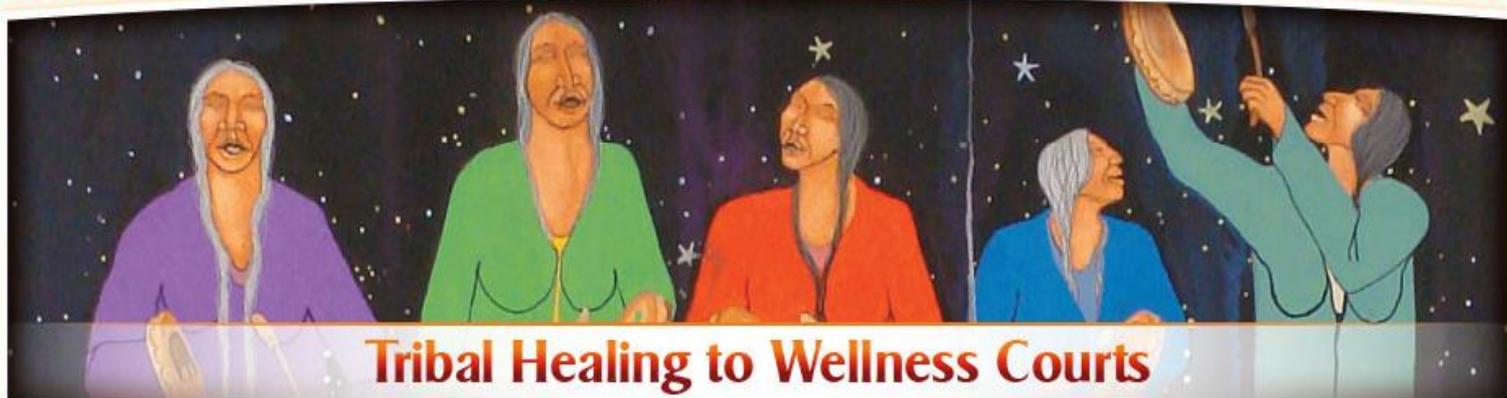
–Carrie Garrow and Charlene Jackson, *Adult Drug Court Best Practices and Tribal Healing to Wellness Courts: A Basic Introduction*, presented at the 2016 Tribal Healing to Wellness Court Enhancement Training, September 27, 2016, Albuquerque NM.



Online Training Resources

- **National Drug Court Institute**
www.ndci.org/training/online-trainings-webinars
- **National Drug Court Resource Center**
www.ndcrc.org
- **Center for Court Innovation**
www.drugcourtonline.org
- **NCSC and AU – Translating Drug Court Research into Practice**
www.research2practice.org

WELLNESSCOURTS.ORG



[Home](#) | [About Us](#) | [Services](#) | [Drug Court Partners](#) | [Federal Funding Agencies](#)

Justice Department Announces Sweeping Changes to Federal Sentencing

National Association of Drug Court Professionals Applauds Justice Department Smart on Crime Initiative; Calls for Federal Drug Court ... [More](#)



SMART on CRIME

Reforming The Criminal Justice System for the 21st Century

August 2013

[Request Technical Assistance](#)

[Funding Announcements](#)

[Upcoming Events](#)

[Drug Court T/TA Calendar](#)

[Prior Event Resources](#)

Resources & Tools

[Wellness Court Resources](#) | [Tribal Key Components](#) | [Forms & Policies](#) | [Drug Court Research and Treatment](#) | [State Resources](#)



Questions?



Lauren van Schilfgaarde
Tribal Law and Policy Institute

wellness@tlpi.org

NATIONAL AMERICAN INDIAN COURT JUDGES ASSOCIATION



SAVE THE DATE! October 11-13th, 2017

The National Tribal Judicial and Court Clerks' Conference and NAICJA Annual Meeting will be held at the at the ISLETA RESORT AND CASINO in Albuquerque NM on October 11-13, 2017.



**For more information & RFP, see
NAICJA.org**



Training and Technical Assistance (TTA) is Available to Tribes



Please contact us for any training or technical assistance requests as NAICJA is a TTA Provider for CTAS Program Areas 3, CTAS Program Area 7 and TCCLA. We are also available to discuss other training and technical assistance needs related to other areas to strengthen tribal justice systems.

Requests can be made through the NAICJA website:

<https://naicja.wildapricot.org/Request-Training-and-Technical-Assistance>

We look forward to hearing from you!



Thank you!

- Lauren van Schilfgaarde, Tribal Law and Policy Institute
wellness@tlpi.org
- Hon. Carrie Garrow - carrie.garrow@srmt-nsn.gov

For more information on this session, training or technical assistance needs/requests, please contact Gina Jackson - gina@naicja.org