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NADCP TRIBAL PRESENTATIONS

Tribal 10 Key Components with Lessons Learned: The Role of Self-Assessment in Tribal Healing to Wellness Courts Success

Presenters:

Joseph Thomas Flies-Away, J.D., M.P.A. &
& Carrie Garrow, J.D., M.P.P.

Tribal Law & Policy Institute Consultants

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1

Tribal Law and Policy Institute (TLPI) Tribal Wellness Court Resources

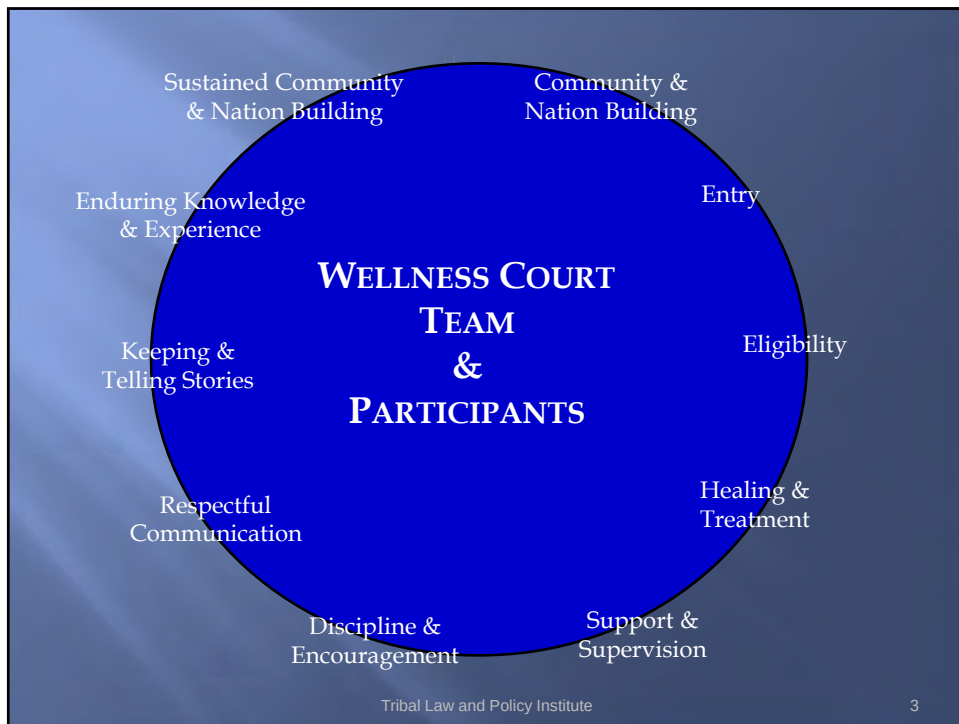
Tribal Law and Policy Institute is a Native American owned and operated non-profit corporation organized to design and deliver education, research, training, and technical assistance programs which promote the enhancement of justice in Indian country and the health, well-being, and culture of Native peoples.

Tribal Court Clearinghouse

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2



“GET 10” Exercise

The Get 10 exercise is a mini self-assessment for a Tribal Wellness Court Team & Members to assess how well the Wellness Court (or particular program) is applying the 10 Key Components.

Example: *Tribal Healing to Wellness Courts bring together community healing resources with the tribal justice process, using a team approach to empower the physical and spiritual healing of the participant and the well-being of the community.*

Illustration (i.e. how do you do this, or what would you do to accomplish this?): _____

Initial Score: _____ (give your efforts a score between 1 & 10)

Goal: _____ (give your efforts a score between 1 & 10)

Improvement Step: (i.e. what can you do to move towards goal?) _____

ask us about prizes!

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4

Community & Nation Building

Key Component #1: *Tribal Healing to Wellness Courts bring together community-healing resources with the tribal justice process, using a team approach to empower the physical and spiritual healing of the participant and the well being of the community*

- Develop a strong structure for the Wellness Court with written policies and procedures such as interagency agreements that survive membership changes. [Families and Community Benefit]
- Integrate the Wellness Court from the start with the community & others.

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5

Get 10 Discussion

- Illustration of Key Component #1
- Initial Score
- Goal
- Improvement Step

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6

Entry

Key Component #2: *Participants enter the wellness program through various referral points and legal procedures while protecting their due process rights.*

- Use an “informed consent” approach with participants by reviewing the manual and contract regularly to remind them of the rules and regulations.
- Funding and training for public defenders
- “Supervisory Jurisdiction” & Self Referral

Get 10 Discussion

- Illustration of Key Component #2
- Initial Score
- Goal
- Improvement Step

Eligibility

Key Component #3: Eligible substance abuse offenders are identified early through legal and clinical screening and promptly placed in the Tribal Healing to Wellness program.

- Select participants who show a readiness for change or have different treatment strategies for those participants who are at different stages of readiness for behavioral change at the time of admission to maximize resources and success.
- The difference between legal and clinical screening

Get 10 Discussion

- Illustration of Key Component #3
- Initial Score
- Goal
- Improvement Step

Healing & Treatment

Key Component #4: *Tribal Healing to Wellness programs provide access to structured and phased substance abuse treatment and rehabilitation services that incorporate culture and tradition.*

- Resources are needed to specially address the most common drug addictions addressed by Wellness Courts - alcohol, marijuana, meth and illegal prescription drugs
- Phases are necessary to assist the participant develop healthy living skills and become self sufficient. Early phases provide numerous assistance while later phases allow the participant to stand on his own and exercise the skills developed in the previous phases.

Get 10 Discussion

- Illustration of Key Component #4
- Initial Score
- Goal
- Improvement Step

Support & Supervision

Key Component #5:

Participants are monitored through intensive supervision that includes frequent and random testing for alcohol and other substance abuse.

- The most effective testing is RANDOM. How do you implement random drug testing?
- Case Management, Caring, and Chronicle of Care

Get 10 Discussion

- Illustration of Key Component #5
- Initial Score
- Goal
- Improvement Step

Discipline & Encouragement

Key Component #6: Progressive consequences (or sanctions) and rewards (or incentives) are used to encourage participant compliance with program requirements.

- Fairness and Consistency (Critical Clients & Community)
- Cost Considerations
- Creativity

Get 10 Discussion

- Illustration of Key Component #6
- Initial Score
- Goal
- Improvement Step

Respectful Communication

Key Component #7: Ongoing judicial interaction with each participant and judicial involvement in team staffing is essential.

- Positive Client Connection with Judge/Team/Court
- Judge as Team Captain or Coach

Get 10 Discussion

- Illustration of Key Component #7
- Initial Score
- Goal
- Improvement Step

Keeping & Telling Stories

Key Component #8: *Monitoring and evaluation measure the achievement of program goals and gauge effectiveness to meet three purposes: providing information to improve the Healing to Wellness process; overseeing participant progress; and preparing evaluative information for interested community groups and funding sources.*

- Capturing Collecting Data/Story Tidbits
- Begin systematic and uniform automated data collection on Day One of the Wellness Court and construct an integrated database to enable both internal and external evaluations to be conducted

Get 10 Discussion

- Illustration of Key Component #8
- Initial Score
- Goal
- Improvement Step

Enduring Knowledge & Experience

Key Component #9: Continuing interdisciplinary education promotes effective wellness court planning, implementation, and operation.

- Match staff members with appropriate trainings and educational conferences to avoid repetitive training and to keep members up to date.
- Include Community in Training

Get 10 Discussion

- Illustration of Key Component #9
- Initial Score
- Goal
- Improvement Step

Sustained Community & Nation Building

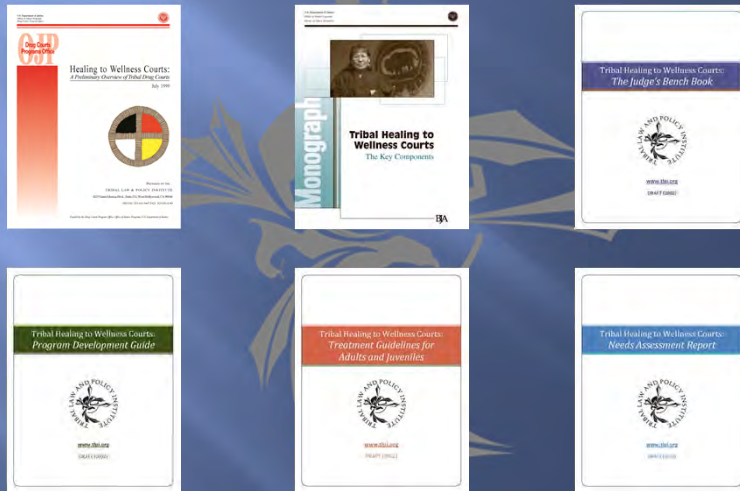
Key Component #10: The development of ongoing communication, coordination, and cooperation among team members, the community and relevant organizations are critical for program success.

- Emphasize outreach with tribal council, law enforcement, training center, health and social services, and community college to both take advantage of tribal resources and increase ownership of the Wellness Court program.
- Funding and Sustainability

Get 10 Discussion

- Illustration of Key Component #10
- Initial Score
- Goal
- Improvement Step

Healing to Wellness Court publications are
available for download at: www.tlpi.org



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25

For More Information . . .

TLPI believes in providing resources free of
charge, or at minimal cost, whenever possible.

Visit www.tlpi.org

Contact:

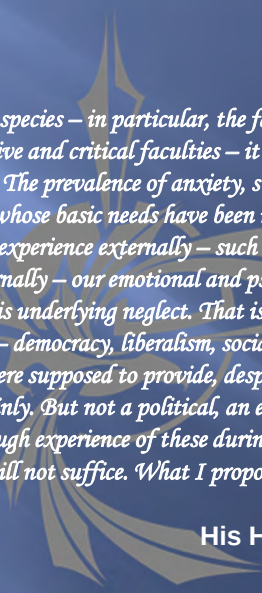
Diana Webster

diana@tlpi.org

323-650-5467

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26



"Given the complexity of our species – in particular, the fact of our having thoughts and emotions as well as imaginative and critical faculties – it is obvious that our needs transcend the merely sensual. The prevalence of anxiety, stress, confusion, uncertainty, and depression among those whose basic needs have been met is a clear indication of this. Our problems, both those we experience externally – such as wars, crime, and violence – and those we experience internally – our emotional and psychological sufferings – cannot be solved until we address this underlying neglect. That is why the great movements of the last hundred years and more – democracy, liberalism, socialism – have all failed to deliver the universal benefits they were supposed to provide, despite many wonderful ideas. A revolution is called for, certainly. But not a political, an economic, or even a technical revolution. We have had enough experience of these during the past century to know that a purely external approach will not suffice. What I propose is a spiritual revolution."

His Holiness, The Dalai Lama