

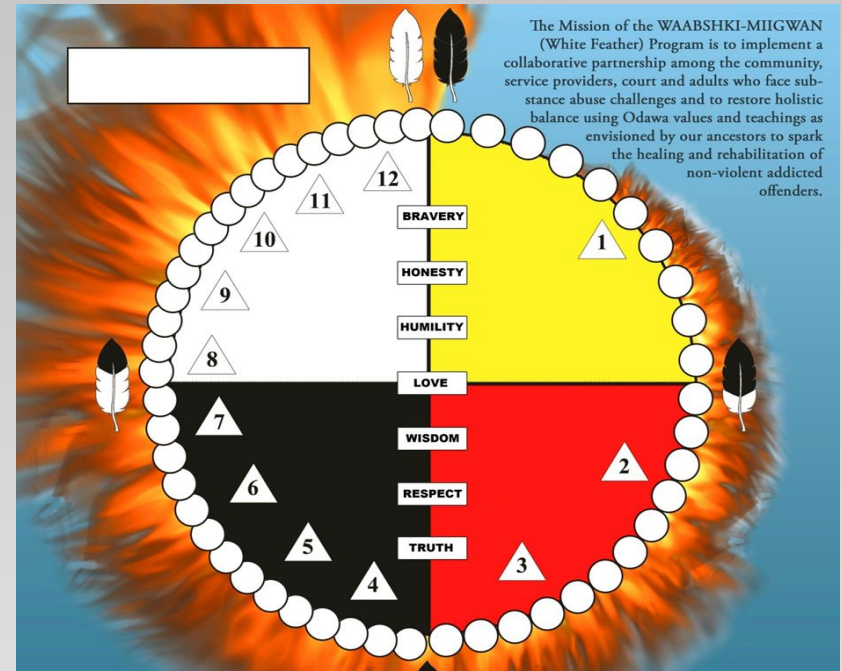


**Waabshki-Miigwan Healing to  
Wellness Court:  
Peer Recovery & Connection  
to Community**

**Presented by: Kevin Gasco, Alyssa Harrold & Matthew Lesky**

# Overview

- Foundation of the Waabshki-Miigwan healing to wellness program;
- Overview of roles of cultural advisors, peer recovery coaches and peer graduates on the team;
- How are team benefited from the peer mentor and the ways we struggled with out one;
- How to have your advisors work together to support clients; and
- The goal of connection within the community.



# Waabshki-Miigwan



# Program Overview

- Interwoven approach to justice
- 18 month program, over 5 phases
- Encouraging long term recovery through traditional teachings and cultural activities
- Team roles



# Mshkiki Dedbise

*Medicine Wheel*



<i>Direction</i>	<i>Medicine</i>	<i>Season</i>	<i>Life Stage</i>	<i>Color</i>	<i>Time of Day</i>
Waabinong waa bi nong East	Semaa se maa Tobacco	Mnookmi mi noo ki mi Spring	Binoojiinh bi noo jiinh Child	Ozaawa- o za wa Yellow	Kizhep ki zhep Morning
Zhaawanong zhaa wa nong South	Kiizhik kii zhik Cedar	Niibin nii bin Summer	Shkiniigi shki nii gi Youth	Mskwaa- m skwaa Red	Naakwe naa kwe Noon
Epangishmok e pan gish mok West	Mashkodewashk ma shko de washk Sage	Dgwaagi da gwaa gi Fall	Ntaawgi ni taaw gi Adult	Makade- ma ka de Black	Naakshik naak shik Evening
Giiwedinong gii we di nong North	Wiingash wiin gash Sweetgrass	Biboon bi boon Winter	Kikaa ki kaa Elder	Waabshkaa- waab shka White	Niibaadibik Nii baa di bik Night

# Roles on the team

- Chief Judge
- Associate Judge
- Court Administrator
- Problem Solving Court Coordinator & Probation Officer
- Senior Court Clerk
- Female Cultural Resource Advisor
- Male Cultural Resource Advisor
- LTBB Law Enforcement
- LTBB Behavioral Health Therapists
- LTBB Prosecutor
- Defense Attorney
- Peer graduate



# Cultural Resource Advisors

- Traditional teachings
- Sacred fires
- Sweat lodges
- Weekly talking circles
- Harvesting
- Wellbriety
- Transportation
- Beading
- Weaving
- Language classes









## Peer Recovery Coach

- What is a peer recovery coach and how are they different from a sponsor or therapist?
- How do we utilize PRCs in our program
- Support services they assist with
- What your peer coach shouldn't be doing



# Peer graduate

Benefits of having a peer graduate:

- Honors cultural norms of giving as a sign of gratitude

What we lost in the program without it:

- Insight into how different program elements worked/were perceived

Cultivating connection with participants and the community

- Role models

# Peer graduate

- What to look for in a peer graduate
- Job description → setting expectations



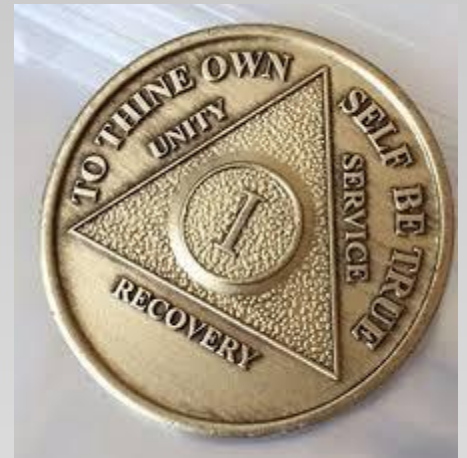


## Peer Graduate Graduation Ceremony Presentation

- I attend three meetings a week, chairing one on Wednesday nights still.
- Involved with people from meetings outside of AA, working on consistent board game nights and fight nights.
- Still like to read different recovery books
- Relationship with kids is tremendous now. They have been part of my recovery journey through the whole way. Talking about steps, meetings, sponsors answering all their questions. Involved and helpful father now. Try not to be the no man and more of a yes man. Kids emotionally and mentally better.
- Work has been fantastic, promoted to store manager, higher pay and better money management skills, better work life balance.
- Goals to purchase a home, vacation somewhere fun and out of state, be active with kiddos, rollerblade the streets of Petoskey, continue an active life in recovery and take part in more service positions within AA.

# Multiple Pathways to Recovery

- Team composition
- Peer Recovery Meetings
- Sponsorship
- Things we're looking to improve







Miigwetch for your attendance today!

We are happy to take questions at this time.

If you have any questions you would like to follow up on,  
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